2020-2021



Finding Long-Term Care in the BRADD

SPONSORED BY THE BARREN RIVER LONG TERM CARE OMBUDSMAN PROGRAM



A Community Long-Term Care Resource guide serving the counties of Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Monroe, Simpson and Warren

1700 Destiny Lane • Bowling Green, KY 42104 • 270-842-7587 • 1-800-355-7580 www.klaid.org/ombudsman

This guide was published by The Barren River Long Term Care Ombudsman Program. A program of Kentucky Legal Aid Request copies of resource guides by calling or emailing our office.



SERVICES OFFERED:

- Information and Assistance
- Respite and Supplemental Care
- Support Groups, Trainings, and Counseling

PLEASE CONTACT US IF YOU ARE:

- A family member or an informal provider of in home and community care to an elderly individual 60 years of age or older; or caring for an individual with Alzheimer's or a related diagnosis.
- A grandparent or relative caregiver age 55 or older who is providing full time/primary care for a child who is not more than 18 years of age; or caring for an adult relative age 19-59 with a disability.

1-270-782-9223

1-800-395-7654





Call with problems, questions, or concerns involving a resident of a long-term care facility

Lynda Love
District Ombudsman
Ilove@klaid.org

1700 Destiny Lane Bowling Green, KY 42104

1-800-355-7580 or 270-842-7587 www.klaid.org/ombudsman

Sherry Culp

KY State Long Term Care Ombudsman Nursing Home Ombudsman Agency of the Bluegrass, Inc. (NHOA) Lexington, KY 1-859-277-9215

The call is free and confidential. You do not have to give your name.

Request a copy of the 2020-2021 edition by sending an email to <u>llove@klaid.org</u>
or calling 1-800-355-7580

Report ELDER ABUSE, NEGLECT, or EXPLOITATION Call Adult Protective Services (APS) 270-651-0287 Or the Hotline 1-800-752-6200

Ky. State Regulatory Agency – Office of Inspector General (OIG) 1-502-564-2888 or Western Region – 270-889-6052

Make A Difference

Volunteer

- Already visiting residents in a long-term care facility?
 - ✓ Consider becoming a FRIENDLY VISITOR!
- Already going with your church or attend events at a long-term care facility?
 - ✓ Consider becoming a FRIENDLY VISITOR!
- Want to help make change in resident care and treatment in a long-term care facility?
 - ✓ Consider becoming a CERTIFIED OMBUDSMAN!
- Want to visit those 60% of residents who have no family or visitors at all and make a difference in their lives?
 - ✓ Call us today to find out how you can become a FRIENDLY VISITOR or a CERTIFIED OMBUDSMAN!

~Free training provided ~

Volunteers become part of a family ~ Benefits of changing lives and making the quality of life better for those in long-term care

Want to be part of that change?
Come let us tell you more about the Ombudsman Program!



BARREN RIVER LONG TERM CARE OMBUDSMAN PROGRAM

Call today for more information 1-800-355-7580



GIVINGBACK

GOLD LEVEL

CONSUMER GUIDE SPONSORSHIP:

> \$1000 Sponsorship

- ✓ Full page ad space in the Consumer Guide front section
- ✓ Sponsorship includes listing in the Program brochures and at events the Program participates in throughout the year
- ✓ Full Color ad space in the Digital Edition

> \$700 Sponsorship

- ✓ Full Color page ad space in the Consumer Guide – Reserved cover space (space limited)
- ✓ Full Color ad space in the Digital Edition

> \$600 Sponsorship

- ✓ Full page ad space in the Consumer Guide B&W – Senior Services Section
- ✓ Full Color ad space in the Digital Edition

Gold Level benefits program by:

- ✓ Assisting with printing costs of part of the Consumer Guide
- ✓ Helps supplement the services provided by the Ombudsman Program
- ✓ Helps in the cost of training of new volunteers for the Program

SILVER LEVEL

CONSUMER GUIDE SPONSORSHIP:

> \$500 Sponsorship

✓ Half page ad space in the Consumer Guide – Senior Services section

> \$400 Sponsorship

✓ Quarter page ad space in the Consumer Guide – Senior Services section

> \$300 Sponsorship

Assists with printing costs of part of the Consumer Guide

Silver Level includes:

- ✓ Assists with printing costs of part of the Consumer Guide
- ✓ Full Color ad space in the Digital Edition

BRONZE LEVEL

ONE TIME DONATION:

- \$100 Donation
- > \$75 Donation
- > \$50 Donation
- > \$25 Donation
- > \$10 Donation

Bronze Level includes:

- ✓ Assists with printing costs of the Consumer Guide
- ✓ Assists with costs of Ombudsman Program services provided
- ✓ Assists with costs of Volunteer training materials
- ✓ Assists with the costs of Ombudsman brochures and other materials used for community education and other events

The Barren River Long Term Care Ombudsman Program is a non-profit organization federally mandated to provide advocate services for all long-term care residents in the 10 county Barren River Area Development District. The Ombudsman Program relies on volunteers, community partners, community donations and fundraising opportunities as well as a limited amount of United Way of Southern Kentucky funding annually to provide the best possible quality services for our residents and for those in the community seeking long-term care options.

To make a donation or sponsorship see the next page. Another way to give back is to become a *Friendly Visitor* or a *Certified Ombudsman*Call our office Toll Free at 1-800-355-7580



DONATION REQUEST FORM

Barren River Long Term Care Ombudsman Program

	Date:						
e (if applicable)							
Email:							
GOLD LEVEL: Consumer Guide Sponsorship							
\$700 Sponsorship (limited ad space) er Guide Sponsorship	☐ \$600 Sponsorship						
er dalac oporisorship							
\$400 Sponsorship	\$300 Sponsorship						
BRONZE LEVEL: One – time donation							
\$75 Donation	\$50 Donation						
☐ \$10 Donation	Other Amount: \$						
	Email: rels and benefits: er Guide Sponsorship \$700 Sponsorship (limited ad space) er Guide Sponsorship = \$400 Sponsorship = \$400 Sponsorship me donation \$75 Donation						

For Consumer Guide Sponsorship please also fill-out and send in the Ad Request Form found on the last page of the Consumer Guide or request a form by emailing lhaynes@klaid.org.

Payment for Sponsorship and Donations may be made by Check or Cash to:

Make check payable to: **Kentucky Legal Aid**Barren River LTC Ombudsman Program

1700 Destiny Lane

Bowling Green, KY 42104

Designate in Memo on Check: Consumer Guide or Donation For questions please contact our office at 1-800-355-7580 Or email lhaynes@klaid.org Payments may be mailed or dropped off at the Kentucky Legal Aid office

Donations to the Ombudsman Program are tax deductible. Receipts will be mailed to donors!

Thank You for supporting the Ombudsman Program!



Serving 10 County BRADD area



MESSAGE FROM DISTRICT OMBUDSMAN LYNDA LOVE

Dear Readers,

As your District Ombudsman, it is an honor to provide you with the 19th edition of the "Finding Long Term Care in the BRADD."

It is our hope you find this guide to be informative, and helpful in finding the perfect long-term care placement for your loved one.

We work diligently to make this guide more user friendly and as up to date as possible for each of you to make the most informed decision.

Finding long-term care placement is a process and it is our hope this guide will be of great assistance to you throughout this difficult journey.

If you should ever have any questions or need additional information please do not hesitate to contact our office.

Sincerely,

Lynda Love

District Ombudsman Barren River District Ilove@klaid.org 1-800-355-7580

About this guide and the program

This guide is published for the Barren River Long Term Care Ombudsman Program (BRLTCOP) as a resource for consumers to help them with making informed long-term care decisions. This is the 19th edition published since 1980 of the "Finding Long Term Care in the BRADD" Consumer Guide.

The mission of the Long Term Care Ombudsman Program is to ADVOCATE, EDUCATE and TOUCH Lives of the residents in those facilities in the 10 county BRADD area. We serve Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Monroe, Simpson and Warren Counties.

For assistance with a concern or to find out more about our program or volunteering contact the local District Ombudsman Office at 1-800-355-7580.



We would like to thank Gerald Printing for publishing this guide for the last 4 years as well as all of our dedicated advertisers who make this publication possible.

TABLE OF CONTENTS

About the GuideDay 1 Where Do I Start?	1
LEVELS OF CARE	2
Assisted Living	3
Personal Care	3
Family Care Home	4
Nursing Facilities	4
Skilled Care	6
Alzheimer's Licensed Nursing Facility	6
MEDICAID	
How to Apply for Medicaid	7
Contact Information for Medicaid	7
Medicaid-Bed Holds/Leaves	7
2020 KY Medicaid Eligibility Summary	8
Penalty Period Calculation	8
Services included in the Nursing Facility	9
Federal requirement specifications	9
Residents may be charged	9
2020 Spousal Impoverishment Provision	10
Post-Eligibility Treatment of Income	11
Transferring Assets	12
MEDICARE	
Medicare Part A – Skilled Nursing Coverage	13
Medicare Part B – Physician and Therapy Coverage	14
Medicare Part D – Drug Coverage	14
LONG-TERM INSURANCE	15
SELECTING A FACILITY	16
Location/Size and Structure/Services and Activities	
Visiting the Facility	17
Nursing Home Compare	17
Inspections of Long-Term Care Facilities	17
Quality Indicators	

Staffing in Long-Term Care Facilities	18
THE ADMISSION PROCESS	19
Admission Contracts	
Admission Deposits	20
Notification of Resident Rights	20
Smoking Policies	20
Use of Electric Wheelchairs	21
Binding Arbitration Clauses	21
ADVANCE DIRECTIVE LEGAL DECISIONS	
Decisional Capacity	22
Advanced Directives	22
Kentucky Legal Aid — Ad	
Power of Attorney	23
Healthcare Surrogate	23
Living Will Directive	23
Responsible Party	24
Guardianship and Conservatorship	24
COMMUNITY RESOURCES FOR AGING	
Assisted Living Facilities	
Barren County	26
Logan County	26
Simpson County	
Warren County	26
Hosparus Health ~ Ad	
Hospice Agencies	
Hosparus Health	27
Hospice House	27
Hospice of Southern KY	27
T.J. Samson Home Care	27
Mental Health Providers and Services	
BRASS	28
Lifeskills	28
The Medical Center Outpatient Behavioral Health	28
Senior Perspectives – The Medical Center at Scottsville	28

Protection and Advocacy	28
Lifeskills, Inc. ~ Ad	
Personal Service Agencies	
Comfort Keepers	30
Companion Care Services, LLC	30
Help at Home	30
Home Instead Senior Care	30
Rainbow, LLC	30
Southern Home Care	30
Timesavers, KY LLC	30
Help at Home ~ Ad	
VETERANS BENEFITS	31
THE NURSING HOME CHECKLIST	
Comparison of On-Site Visits	33
Residents Personal Inventory List	34
LONG-TERM CARE FACILITY LISTING	35
FACILITY RATE TABLE INFORMATION	
Allen County	
Cal Turner Rehab & Specialty Care	
Cornerstone Manor, LLC	36
Scottsville Manor	37
Barren County	
Barren County Nursing and Rehab	
Glasgow State Nursing Facility	38
Glenview Health Care Facility	38
NHC Healthcare	39
Signature Healthcare of Glasgow Rehab & Wellness Center	39
T.J. Samson Community Hospital Skilled Nursing Unit	40
Butler County	
Morgantown Care and Rehabilitation Center	40
Edmonson County	
Edmonson Center	41
Hart County	
Hart County Manor	41

Signature Healthcare of Hart County Rehab & Wellness Center	42
Logan County	
Auburn Health Care	42
Creekwood Place Nursing and Rehab Center	43
Miller Family Care Home	43
Metcalfe County	
Harper's Home for the Aged	44
Metcalfe County Health Care Center	44
Monroe County	
Signature Healthcare of Monroe County Rehab & Wellness Center	45
Simpson County	
Franklin-Simpson Nursing & Rehab	45
Lewis Memorial Methodist Home	46
Warren County	
Bowling Green Nursing and Rehab	46
Christian Health Center at Village Manor	47
Colonial Center	47
Fern Terrace of Bowling Green, LLC	48
Greenwood Nursing and Rehabilitating Center	48
The Haven at Massey Springs	49
Hopkins Center	49
Magnolia Village Care and Rehabilitation Center	50
Signature Healthcare of Bowling Green	50

Inside Back Cover Ad ~ Graves Gilbert Clinic Back Cover Ad ~ J.C. Kirby and Son Funeral Chapel

ABOUT THIS GUIDE

When seeking Long-Term Care services the starting point can be most difficult. This informative guide is designed to assist you from day one to placement with four easy steps. The guide will be a user friendly tool to assist you with understanding the process and all the terminology that you will need to make an informed decision. Let's start this journey together!

DAY 1...WHERE DO I START?

Step 1: Identify type of Level of Care needed (refer to level of care grid on page 2 for definition of each)

- **a.** Assisted Living Facility
- b. Personal Care Home
- c. Family Care Home
- d. Nursing Facility/Skilled
- e. Alzheimer's Licensed Nursing Facility

Step 2: Identify/Understand Payer Source for each Level of Care

- **f.** Assisted Living Facility-Private
- **g.** Personal Care Home-Private, with possible State Supplement (based on income)
- h. Family Care Home-Private
- i. Nursing Facility
 - 1. Short-Term Rehabilitation (Skilled)-Medicare/Insurance
 - 2. Long-Term Care-Medicaid/private

Step 3: Understand the difference between Medicaid and Medicare (refer to Medicaid and Medicare sections, pages 7-15)

Step 4: Selecting a Facility

(Refer to Selecting facility section, pages 16-17)

Levels of Care

The term "level of care refers to the particular way a facility or section of the facility is licensed and certified. Nursing facilities must be certified to participate in reimbursement programs such as Medicare or Medicaid.

LEVEL OF CARE GRID							
	Assisted Living	Family Care	Personal Care	Intermediate or Low Intensity Nursing Care	Skilled or High – Intensity Nursing Care		
Licensing Requirement	Not licensed, but must be certified	Licensed as Family Care	Licensed as Personal Care	Licensed as Nursing Facility			
Inspections	Not inspected	Surveyed annually by the Office of Inspector General	Surveyed annually by the Office of Inspector General	Surveyed annually by the Office of Inspector General			
Resident Rights	Some limited rights	Specific rights under state law	Specific rights under state law	Specific rights under state law and federal rights if accepted federal funding			
Methods of Payment	Private pay and some LTC insurance	Private pay or State Supplemental Benefits	Private pay or State Supplemental Benefits	Private pay, some LTC insurance, Medicaid, VA Benefits	Private pay, some LTC insurance, Medicare, Medicaid, VA Benefits		
Services Provided	Services provided will be determined by the admission contract	No medical care, supervision of medical needs, management of medications	No medical care, supervision of medical needs, management of medications	Assistance with activities of daily living, management of medications, custodial and restorative nursing care	Therapies, skilled nursing care, assistance with activities of daily living, management of medications, custodial and restorative nursing care		
Social Worker Available	No regulatory requirement	No regulatory requirement	No regulatory requirement	A facility with more than 120 beds must employ a qualified s worker on a full-time basis			
Activity Program	No regulatory requirement	No regulatory requirement	Must have a daily activity program	Must have a daily activity program to include in-room activitie for bedfast residents			
Nursing Availability	Not required, but normally will assist in arranging for home health services	Not required	Not required	RN 8 hours and LPN 24 hours per day			
Staffing Requirement	Must have "sufficient staff" but no specific ratios	Must have "sufficient staff" but no specific ratios	Must have "sufficient staff" but no specific ratios	Must have "sufficient staff" but no specific ratios. Must post schedule for every shift			
Physician Involvement	No regulatory requirement	Must have physician orders on file	Must have physician orders on file	Physician must visit every 30 days for the first 90 days an every 90 days thereafter. Every other visit can be made by nurse practitioner.			
Care Planning Requirement	No regulatory requirement	No regulatory requirement	Must develop a plan for provision of services	Must develop an individual plan of care describing services provided to each resident to help them attain and maintain the highest practicable physical, mental and psychosocial well-bei			
Ombudsman Visits	No regulatory requirement	Ombudsman visits facility at least quarterly	Ombudsman visits at least quarterly	Ombudsman visits facility at least quarterly			

Assisted Living

In Kentucky, *Assisted Living* is a housing arrangement that offers a supportive environment and easy access to home health care. Residents in assisted living must be ambulatory (able to walk without assistance) or mobile non-ambulatory (unable to walk without assistance, but able to move from place to place with the use of a device such as a walker or wheelchair). Assisted living facilities are not licensed health care facilities and do not offer the full range of services that a nursing facility offers. However, they must be certified by the Department of Aging and Independent Living.

To receive certification each living unit in an assisted living facility must contain: at least 200 square feet of space for single occupancy or double occupancy if shared by mutual agreement; at least one unfurnished room with a lockable door; a private bathroom with a tub or shower; provisions for emergency response; individual thermostat controls if the facility has more than 20 units; a window to the outdoors; and a telephone jack. Some facilities built before July 14, 2000 may be grand-fathered in and may not fully meet this requirement.

Assisted living facilities must have staff available 24-hours a day, seven days a week who are trained in emergency care, cardiopulmonary resuscitation, client rights, the aging process and assistance with self-administration of medicine. The services offered by assisted living communities should include:

- Assistance with activities of daily living including bathing, dressing, grooming, transferring, toileting, and eating
- Assistance with instrumental activities of daily living that include, but are not limited to: housekeeping, shopping, laundry, chores, transportation, and clerical assistance
- Three meals and snacks made available each day
- Scheduled daily social activities that address the general preferences of clients.
- Assistance with self-medication administration

Personal Care

Personal Care Homes (PCH) are licensed long-term care facilities. They are not a certified facility and therefore cannot participate in the Medicare or Medicaid reimbursement program. Because they do not participate in Medicare/Medicaid, residents are only guaranteed state rights as a resident. They also cannot provide any type of medical services. Most personal care facilities have an agreement with Kentucky to provide care at a fixed rate to persons who qualify for state assistance through the State Supplementation Payment. The State Supplementation Payment is a monthly income supplement that brings the resident's income up to the state standard for a personal care home. The resident retains the \$60 per month to use as personal spending money.

Personal care facilities can be different sizes with as few as 20 residents or as many as several hundred. Some are free-standing institutions while others are located on a particular wing of a nursing facility or other medical institution. Personal care facilities are not required to have nurses on staff. While a doctor must regularly visit a resident in

a nursing facility, no such physician visits are required at a personal care home.

Licensed personal care homes provide personal care services, activities, residential and health related services. Personal care services help residents achieve and maintain good personal hygiene. The facility must also provide a planned activity period for each day during which a variety of social and recreational opportunities are offered. The purpose of these activities is to: stimulate physical and mental abilities; encourage and develop a sense of usefulness and self-respect; and prevent, inhibit or correct the development of mental regression due to illness or old age. Residential services include: housekeeping and maintenance services; dietary services including three meals per day and snacks; and the laundering of residents' clothing and bed linens.

While personal care homes do not offer medical care, they do provide health related services. These services include: continuous supervision and monitoring of the resident to assure that the resident's health care needs are met; supervision of self-administered medications; storage and control of medications; arranging for therapeutic services ordered by the resident's physician which are not available in the facility; and promptly obtaining medical care by a licensed physician in case of an accident or acute illness.

Family Care Home

A *Family Care Home* (FCH) is a private residence licensed by the state to provide 24-hour supervision and personal care for no more than three people. Residents must be 18 years of age or older. Family care home placement is appropriate for those who do not function well enough to take care of themselves, but do not need nursing care.

Family care homes do not provide medical care and are not certified to participate in Medicare or Medicaid programs. Like personal care residents, family care residents can apply for the State Supplementation Payment if they are residing in a home that participates in this program. The supplement will raise their income up to the state standard for persons residing in family care homes. The resident is allowed to keep the \$40 a month for spending money. To participate, the family care home must accept the state rate as full payment. This is much less than the private pay rate and few family care home operators are willing to accept this amount.

Nursing Facilities

A *Nursing Facility* (NF) is a facility licensed by the state of Kentucky to provide nursing services. A person is appropriately placed in a nursing facility when they have a stable medical condition with: a complicated problem; a combination of problems that require daily or intermittent nursing or rehabilitative services; continuous personal care; or the need for supervision in an institutional setting.

If Medicare or Medicaid will be paying, a reviewer will automatically screen the chart to assure that the resident is receiving necessary covered services. All persons seeking admission to a nursing facility are screened to determine if the resident has mental health needs that cannot be provided in a nursing facility setting. A person who needs active mental health treatment that cannot be provided in a nursing facility setting cannot be admitted to a nursing facility.

Nursing facilities can choose to certify some or all of the beds for Medicaid and/or Medicare reimbursement. Because they provide services to Medicaid/Medicare residents and receive reimbursement for that service, they must comply with both state regulations and the federal conditions of participation for nursing facilities. Some nursing facilities also facilitate contracts with the Veterans Administration to provide care to disabled veterans.

There are a few facilities in Kentucky that are licensed to serve special populations such as Intermediate Care Facilities for those with Mental Illness and Developmentally Disabled/Intellectually Disabled (ICF/IID) and Alzheimer's Facilities. The Alzheimer's facilities must comply with state regulations for Alzheimer's facilities. If these facilities are certified for Medicare or Medicaid, they must also comply with federal guidelines for nursing facilities. There are a few facilities designated as "ICF" only facilities. They are licensed by the state and provide a lower intensity nursing facility level of care.

Nursing facilities are required by both federal and state regulations to provide all services necessary to assist the resident in attaining and maintaining their highest practicable physical, mental, and psycho-social well-being. They must do so in a manner that makes reasonable accommodation for the individual resident's needs and which provides a homelike atmosphere. Some of the services provided are: nursing services; personal care services; administration and supervision of medication; therapeutic diets; physical, respiratory, and occupational therapy; activities; and social services.

Medicare only pays for skilled care provided by a nursing facility to a patient in a Medicare certified bed. Skilled (licensed) medical personnel such as a registered nurse, physical or other professional therapist (see Section D) must provide treatment of any medical condition.

Medicaid will pay for both high-intensity (skilled) and low-intensity (intermediate) care in a nursing facility. In order to qualify for Medicaid coverage in a nursing home, you must meet the Medicaid patient criteria for nursing facility level of care. In addition, the care must be provided by a nursing facility certified to receive Medicaid, and you must occupy a Medicaid certified bed.

In Kentucky, all nursing facilities are expected to be able to provide skilled care as well as low-intensity nursing facility care in all of their beds. Medicaid covers all nursing facility care, but requires that persons receiving skilled services be in a bed which is also certified for Medicare. In other words, in order to receive high-intensity Medicaid coverage, the patient must be in a bed that is certified to receive both Medicare and Medicaid payment. Low-intensity care can be provided in any bed certified to receive Medicaid payment including those that are dually certified.

Skilled Care

The section of a nursing facility referred to as the "skilled" section is usually the section certified to participate in Medicare. Facilities commonly assign more of their licensed staff (RN and LPN) to this section. Skilled patients need ongoing care that can only be provided by licensed professionals.

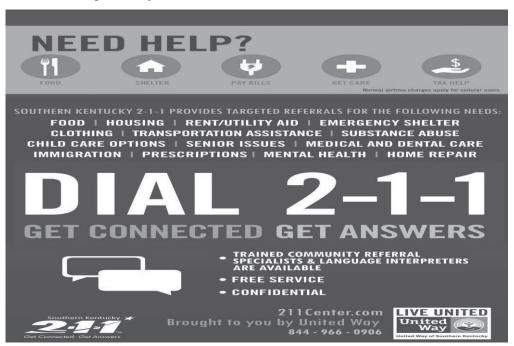
Nursing facilities often encourage Medicaid residents who were receiving skilled services but no longer need them to move to the section of the facility that is not certified for Medicare. They do this in order to keep the Medicare certified beds available for persons who require skilled services. However, the resident cannot be required to move from the Medicare section to the section of the facility that is not certified for Medicare, so long as there is another method of payment available. Medicaid will also pay for skilled care if the bed is certified to receive both Medicare and Medicaid.

Alzheimer's Licensed Nursing Facility

Although most nursing facilities admit patients with Alzheimer's disease, few offer specialized services specifically designed for the dementia patient. There are a few facilities in Kentucky that are licensed as an Alzheimer's facilities. Regulations for Alzheimer's facilities do little to direct the home in how to provide specialized services. Regulations address mostly environmental issues. Some facilities advertise they provide special care for Alzheimer's patients when in fact, other than a lock on the door of their "dementia unit," the unit is really no different from the rest of the facility. Other facilities may indeed provide specialized services for dementia patients.

Kentucky law requires any long-term care facility claiming to provide special care for persons with Alzheimer's disease and/or other related disorders to inform consumers about the service that would distinguish the care as especially appropriate for persons with dementia.

Magnolia Village Care and Rehabilitation Center in Warren County is the only licensed Alzheimer's Nursing Facility in the BRADD.



Medicaid

- -Medicaid covers nursing facility care in a Medicaid certified bed, and the resident must meet the Medicaid patient need criteria/level of care.
- -Medicaid coverage only begins after the patient's Medicare coverage has ended

How to Apply for Medicaid

You must apply for Medicaid at the Department for Community Based Services (DCBS), Division of Family Support office in the county where the nursing facility is located. You cannot apply until after the resident is actually admitted into the facility. It is advisable to make an appointment with your county DCBS/Division of Family Support office; otherwise you will have to wait to be seen by a worker.

To apply for Medicaid you will need to bring the following items to your appointment:

- nursing facility resident's Social Security Card
- proof of identity (such as a driver's license)
- resident's Medicare number
- resident's date of birth
- resident's last three bank statements proof of the resident's income
- medical bills
- premium notices of any health insurance policies on the resident
- resident's life insurance policy and a written statement from the company stating the cash surrender value
- burial reserve policy (up to \$10,000 burial trust fund allowed in KY)
- tax evaluation of any property (other than the resident's home) the resident owns

Contact information for Medicaid

Department for Community Based Services Division of Family Support Services (DCBS)

1-855-306-8959

Processes applications for Medicaid in Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Monroe, Simpson and Warren counties.

Managed Care Options (MCO) call for coverage questions, 1-800-635-2570 or **Medicaid's website** at http://chfs.ky.gov/dms/mcolinks.htm or www.medicaid.gov.

Medicaid-Bed Holds/Leaves

-Medicaid shall cover and reimburse for reserved bed days for a maximum of fourteen (14) days per calendar.

-Medicaid shall cover and reimburse for reserved bed days for a maximum of ten (10) days per calendar year for leaves of absence other than hospitalization.

2020 KY Medicaid Eligibility Summary

- Single Eligibility limit allowed to keep \$2,349 when applying
- Couples may be allowed to keep \$4,000 in assets when both applying. \$2,000 if one applying.
- Income Eligibility for Individuals in NH = At or below \$2,349.00

Those with income above this amount may still qualify by placing Amount over eligibility limit into a trust account called a QIT Quality Income Trust. The trust must be irrevocable and designate Medicaid to receive what is in the trust when the beneficiary passes away. Legal assistance is required to assist with setting up the trust. The money in the QIT is not counted as income to determine Medicaid Eligibility. Funds from the trust can be used to pay for residents care.

- Income a resident receives less \$40 per month for Personal Needs Allowance is used to pay for the Nursing home costs.
- Personal Needs Allowance for Personal Care residents is \$60 per month.
- The maximum amount of home equity allowed is \$572,000
- Spouse is allowed to keep 50% of assets up to \$128,640 called Spouse Resource Allowance
- The Community Spouse is allowed to keep minimum of \$2,113.75 and maximum of \$3,216.00 and 100% of their marital assets up to \$25,728

Penalty Period Calculation

Any amount over the \$2,000 limit must be spent in the SPEND DOWN procedure for care.

Remember that there is a 5 year look back period for gifts prior to applying for Medicaid.

Medicaid will not pay for care until penalty period is over.

Calculation: Amount over the limit or gift amount / divided by \$6,067, which creates the number of months before Medicaid kicks in.

Once Medicaid is approved it will retroactively go back and pay for up to 90 days prior to approval date.

Services included in the Nursing Facility (NF)

A NF participating in Medicaid must provide, or arrange for, nursing or related services and specialized rehabilitative services to attain or maintain the highest practicable physical, mental, and psychosocial wellbeing of each resident.

Specific to each state, the general or usual responsibilities of the NF are shaped by the definition of NF service in the state's Medicaid State plan, which may also specify certain types of limitations to each service. States may also devise levels of service or payment methodologies by acuity or specialization of the nursing facilities.

Federal requirements specifications:

Each NF must provide, (and residents may not be charged for), at least:

- Nursing and related services
- Specialized rehabilitative services (treatment and services required by residents with mental illness or intellectual disability, not provided or arranged for by the state)
- Medically-related social services
- Pharmaceutical services (with assurance of accurate acquiring, receiving, dispensing, and administering of drugs and biologicals)
- Dietary services individualized to the needs of each resident
- Professionally directed program of activities to meet the interests and needs for well being of each resident
- Emergency dental services (and routine dental services to the extent covered under the state plan)
- Room and bed maintenance services
- Routine personal hygiene items and services

Residents may be charged for:

- Private room, unless medically needed
- Specially prepared food, beyond that generally prepared by the facility
- Telephone, television, radio
- Personal comfort items including tobacco products and confections
- Cosmetic and grooming items and services in excess of those included in the basic service
- Personal clothing
- Personal reading materials
- Gifts purchased on behalf of a resident
- Flowers and plants
- Social events and activities beyond the activity program
- Special care services not included in the facility's Medicaid payment

Spousal Impoverishment Provision:

Ensuring community spouses may remain at home in the community.

In 1988, Congress enacted provisions to prevent what has come to be called "spousal impoverishment," leaving the spouse who is still living at home in the community with little or no income or resources. These provisions help ensure that this situation will not occur and that community spouses are able to live out their lives with independence and dignity.

Under the Medicaid spousal impoverishment provisions, a certain amount of the couple's combined resources is protected for the spouse living in the community. Depending on how much of his or her own income the community spouse actually has, a certain amount of income belonging to the spouse in the institution can also be set aside for the community spouse's use.

Following is the minimum and maximum amount of resources and income that can be protected for a spouse in the community in 2020:

2020 SSI and Spousal Impoverishment Standards

SSI Federa			Income C (300%)	ap Limit		d Inco		rned Income B	reak Even
Rate (FBR)	it otaliaala	`	(00070)		Dioun				
Individual 783.00	2,000.00	2	2,349.00		1,651.	00	803.00	0	
Couple 1,175.00	3,000.00	1	N/A	2,435.00			1,195	.00	
Substantial Ga	inful Activity	1,260.0	0	(Blind SGA: 2,110.00)					
(SGA) Limit:									
CPI Increase for				1.7%					
CPI Increase, Si	-			114.4%					
Spousal Impove			ve 1-1-20				Otherwise I		
	Minimum Monthly 2,113.75			All States (Except Alaska and Hav					ii)
Maintenance Ne	eds Allowance								
(MMMNA):				0.0	44.05		0 400 50		
(Effective 7-1-19)				2,6	41.25	Alaska	2,432.50	Hawaii	
Maximum Mo	nthly Mainte	nance	Needs	3,216.00					
Community Sp Housing Allowa		634.13				All State	s (Except Al	laska and Hawa	ii)
(Effective 7-1-19)				7	92.38	Alaska	729.75 Hav	waii	
Community Spo	use Resources								
				25,728.00)				
Maximum Resource Standard					00				

Post-Eligibility Treatment of Income/Patient Liability

The post eligibility calculation is made to determine how much an individual in an institution (usually a nursing home) is able to contribute to cost of his/her own care (patient liability portion). It applies only to individuals who are institutionalized (most commonly to those in nursing facilities) and to certain individuals receiving home and community-based waiver services. The process only applies to those with income and only after their Medicaid eligibility has been established.

The contribution is determined by first calculating the individual's total income and then deducting certain amounts from that income. Specifically, the individual's contribution is his or her total income less the following deductions (often referred to as "protected amounts"):

- A personal needs allowance of \$40 for nursing home residents; \$30 for those that also receive SSI.
- If there is a community spouse and the spousal impoverishment rules discussed above apply, a community spouse's monthly income allowance, as long as the income is actually made available to the community spouse;
- A family monthly income allowance, if there are other family members living in the household;
- An amount for medical expenses incurred by the spouse who is in the medical facility.

Once the above items are deducted from the institutionalized individual's income, any remaining income is contributed toward the cost of his or her care in the institution.

Resources are defined as: cash money and other personal property or real property that an individual or couple owns; has the right, authority or power to convert to cash; and is not legally restricted from use for support and maintenance. Resources may include, but are not limited to: checking and savings accounts; stocks or bonds; certificates of deposit; automobiles; land; buildings; burial reserves; and whole life insurance policies.

Certain types of resources are excluded and are not considered in the Medicaid eligibility determination:

- the first \$10,000 of a burial reserve or a life insurance policy
- one automobile used for employment or to obtain medical treatment
- burial spaces and plots
- life estate interests
- IRAs, KEOGH or retirement funds
- other deferred tax protected assets until accessed.

Individuals who do not access IRA funds when they are available for withdrawal are technically ineligible for Medicaid. IRA funds normally become available when the individual reaches age 59½. If the beneficiary is 70½, the IRS sets a minimum required distribution, and Medicaid will expect beneficiaries of that age to take the minimum required distribution.

The resident's home is only considered an exempted asset for the first 6 months of the resident's facility stay if the total value is at or below \$595,000. After the resident has

been in the facility for 6 months, the resident must show that he or she is trying to sell the home and has listed the home for sale. This will allow the home to remain exempt for another 6 months. In order to remain exempt beyond that, a special exemption will need to be granted at the discretion of Medicaid and will be based upon provision of proof that efforts to sell were unsuccessful.

A resident whose home is deeded to someone else but retains a life care estate will be considered to have homestead property with a countable value subject to the new rules above. The value of the life care estate will be calculated based upon the age of the resident and the value of the property.

It is possible to maintain the homestead as an excluded asset if the resident intends to return home. The individual must provide a written statement that they plan to return to the home and estimate when that will be (number of months). The statement must be signed by the resident. If the resident is unable to sign, the statement may be signed by the power of attorney or, if there is no one authorized as power of attorney, the resident's representative. The plan must be reviewed and approved by Medicaid.

Transferring Assets

Transferring property to another person for the purpose of qualifying for Medicaid or to avoid estate recovery may cause problems. Property which has been transferred to another person prior to the death of the Medicaid recipient and not owned by them at the time of their death is not considered part of their estate, and therefore is not recoverable. However, transferring property at less than fair market value to another person in order to avoid Medicaid estate recovery may have other consequences.

Medicaid also looks at the resources of an applicant when determining eligibility. A federal rule requires states to search back five years from the date of application to see if there were any resources transferred for less than fair market value to individuals or to trusts. Property transferred for less than fair market value within this five year period is considered an available resource and may put the Medicaid applicant over the resource limit. This would render them ineligible for Medicaid for a period of time even though they no longer own the property or other resources.

This is significant since the resident will have no funds and will also be unable to pay for the care they need without the resources that have been given away. Medicaid pays less for care than the average private pay person, so the period of ineligibility is very likely to be longer than the number of months the resident could have paid for had they kept the resource. Each state will be required to have a hardship waiver which can be applied for by either the resident or the nursing facility if the penalty would result in the resident being deprived of medical care that would endanger the applicant's health or life and/or deprive the resident of food, clothing, shelter or other necessities of life.

There are a few exceptions to this transfer rule. A nursing facility resident may transfer their home without penalty to the following persons:

- the spouse
- a natural, adopted or step child who is under 21, blind or disabled
- a sibling who has equity interest in the home and lived with the institutionalized individual one year prior to institutionalization
- an adult, other than the above, who lived with the resident and provided care for the resident for at least two years thereby delaying institutionalization

Medicare

Medicare Part A covers care in a skilled nursing facility (SNF) for up to 100 days during each spell of illness. If coverage criteria are met, the patient is entitled to full payment for the first 20 days of care. From the 21st through the 100th day, the patient is responsible for a daily co-insurance of \$176.00 (2020). The amount will generally increases each year.

Medicare should pay for skilled nursing facility care if:

• The patient received inpatient hospital care for at least three days and was admitted to the SNF within 30 days of hospital discharge. (In unusual cases, it can be more than 30 days.)

Important: Be certain that the patient was admitted to the hospital by the treating physician as an inpatient and not under "observation status." Observation days in the hospital do not count as inpatient days and will not satisfy Medicare requirements for SNF coverage.

- A physician certifies that the patient needs SNF care.
- The beneficiary requires skilled nursing or skilled rehabilitation services, or both, on a daily basis. Skilled nursing and skilled rehabilitation services are those which require the skills of technical or professional personnel such as nurses, physical therapists, and occupational therapists. In order to be deemed skilled, the service must be so inherently complex that it can be safely and effectively performed only by, or under the supervision of, professional or technical personnel.
- The skilled nursing facility is a Medicare certified facility

Medicare Part A – Skilled Nursing Coverage

Medicare Part A will cover the cost of a semi-private room, meals, skilled nursing and rehab services and supplies. If the resident has a Medicare Supplement Insurance policy, they may have additional coverage.

If Medicare Part A is the primary payer, nursing facility personnel will regularly review the care to determine if it meets Medicare's definition of medically necessary skilled services. When they believe the resident's needs no longer meet the criteria, the doctor is notified.

The SNF Issues a Notice of Medicare Provider Non-Coverage (also known as a Generic Notice): The facility must tell you that they are discharging you, or they believe Medicare will no longer cover your care. Medicare rules require that the nursing home give you (or your representative) a standardized notice at least two days prior to the last

day of covered care. This standardized notice is called a "Notice of Medicare Provider Non-Coverage." It is also referred to as a "Generic Notice." The notice must include the date that coverage of care ends, the date you will become financially responsible for a continued stay at the nursing home, and a description of your right to an expedited appeal.

Medicare Part B – Physician and Therapy Coverage

Medicare Part B covers the physician's visits, outpatient medical and surgical services, some supplies, diagnostic tests, durable medical equipment (such as wheelchairs, oxygen, and walkers) and some therapies. Medicare pays 80% of the approved cost after the annual deductible of \$198.00 (2020). Medicare limits the amount of physical, speech and occupational therapy it will pay for under Part B. There is an "exceptions process" that would allow services to be continued under certain circumstances.

Medicare Part D – Drug Coverage

If you have Medicare prescription drug coverage (Part D) and live in a nursing home or other institution, you'll get your covered prescriptions from a long-term care pharmacy that works with your plan.

Long-term care facilities cannot choose a plan for residents. Facilities cannot steer a resident to a particular plan or require a resident to have a plan as a condition of admission or continued stay. What they can do is provide residents with factual information about enrolling in Medicare Part D and inform them about which prescription drug plans include the pharmacy the facility uses. They can also assist residents in filing exceptions and appeals when their plan does not cover a medication the resident needs. Generally, the resident or someone with legal authority under state law such as a guardian or power of attorney must actually select the plan. Residents who are dually eligible for both Medicare and Medicaid and who do not select a plan will be randomly enrolled in a plan without regard for how well the plan covers what the resident needs.

It is important for residents to choose a plan that will cover the drugs they are taking from a pharmacy that contracts with the facility in which they are residing. Each plan differs somewhat in what drugs they will cover and which pharmacies they can contract with. Certain drug plans are forbidden from covering some drugs. Medicaid may continue to cover the excluded drugs for eligible residents, but others may find themselves paying out-of-pocket for these as well as other drugs not included on their plan's formulary list.

Some Medicare Part D drug plans require deductibles to be met and co-insurance payments. Premiums average \$45.00 a month, and costs can go as high as \$500 per month before catastrophic coverage kicks in. Medicaid-eligible residents of nursing facilities are exempt from both deductibles and co-payments under the Medicare plan, so out of pocket expenses should not be a problem for them.

Personal care home residents are exempted from deductibles, but do have to pay copayments each time a prescription is filled. So it is better for a personal care resident to select a plan with low co-payments even if the premiums are higher. Nursing facilities must make sure each resident is receiving all medications prescribed by the physician, in the correct dose, form and timeframe. The facility must provide any drug that is included in the resident's care plan even if there is no source of payment. This includes over-the-counter drugs. That does not mean the facility cannot charge the resident for providing these drugs. It means the facility must provide them. The issue of who will pay for them is secondary. If a resident does not receive medically necessary medications, the facility may be cited with a deficiency. In addition, facilities cannot require a resident's family to agree to pay for a prescription drug when there is no other source of payment.

Nursing facility residents who are Medicaid eligible can apply the out-of-pocket cost of most drugs to their allowable medical expense deduction thereby lowering the amount they pay to the facility that month and recover the out-of-pocket expense.

If you stay in a nursing facility for long-term care, you can join a Part D drug plan or switch to another when you enter the home, once a month while living at the home, or once within two months after leaving it. Plans are required to cover the "first-fill" of an emergency drug not included on their formulary while the resident is in transition from a plan that does not cover the drug to one that does or while they are waiting for a determination when they have filed for an exception.

Over the counter drugs are not covered under any plan. However, they are considered covered as part of the daily rate paid to the facility under Medicare Part A and under Medicaid. A list of available plans can be accessed at the Medicare website at https://www.cms.gov/Medicare/Medicare.html.

Long Term Care Insurance

Rea the terms of your policy carefully for the specific benefits and exclusions because not all long-term care insurance policies are the same. The type of facility the long-term care insurance covers will vary. Each policy has certain "benefit triggers" or conditions that trigger the policy to begin paying benefits. In Kentucky, a long-term care policy must provide a "benefit period" (the length of time you will receive benefits) of at least 12 months.

Some policies require services that are "medically necessary". This means certain medical conditions must exist in order for benefits to be paid. Each policy will have its own definition of medically necessary. Some rely on your physician's opinion, while others may make their own determination. In Kentucky, long-term care policies cannot require the beneficiary be hospitalized or in a higher level of institutional care prior to payment of benefits and they cannot limit coverage to skilled care only.

Your policy may have some "exclusions" - conditions or medical expenses for which they

will not pay. Policies sold in Kentucky cannot exclude or limit benefits on the basis of Alzheimer's disease. Some policies exclude personal care or custodial care. This can be confusing since each policy will have its own definition of personal or custodial care. However, it generally means that the beneficiary requires services that can be provided by persons without medical skills such as bathing, dressing, or other routine activities of daily living. This could include personal or custodial services provided in a nursing facility setting. Your policy may have a lifetime maximum benefit limit. This may be measured in days or in dollars. Long-term care policies usually pay a flat amount per day. The amount they pay will vary and seldom covers the full cost.

Another option to consider is a new type of policy called the Kentucky Long-Term Care Partnership Program. Through this program, an agreement has been made between the state of Kentucky and private insurance companies to assist consumers in planning for long-term care needs. Consumers who purchase and utilize benefits from a qualified long-term care partner policy will be exempt from Medicaid spend-down requirements equal to the amount of benefits paid by the policy.

For more information on long-term care insurance or the Kentucky Long-Term Care Partnership Program, contact the Kentucky Department of Insurance at 800-595-6053 (Kentucky only)/TTY 800-648-6056. A helpful resource called *Long-Term Care Insurance Guide* can also be found on their website at http://insurance.ky.gov under *Publications, Health Insurance.*

Selecting a Facility

Location:

Rural or Urban
Proximity to family and friends

Size and Structure:

Large facility or small Locked units (memory care) Number of private and/or semi-private rooms

Services and Activities:

Review Activity Calendars to determine interest and types of activities offered Salon/barber services on site Therapy Programs available Off-Site activities

Visiting the Facility:

Observe cleanliness of facility and residents
Observe room sizes
Observe resident to staff interactions
Observe activities/ask to see Monthly Activity calendar
Ask to see Monthly Meal Menu/observe meals
Ask to see staffing chart
Visit evenings and weekends
Observe exterior space/patio's/sitting areas

Nursing Home Compare:

The Medicare website at www.Medicare.gov/NHCompare now features a 5 star rating system that assigns each nursing facility a rating between one and five stars. This rating is calculated based on three separate categories. It includes information collected by health inspectors, information collected on residents by the facility (these are called quality measures) and staffing levels as self-reported by the facility. The rating system is useful information, but it is only one of several things you will want to consider when choosing a nursing facility. There are many quality factors this rating system does not take into account, and consumers should not rely on this rating alone. Ratings are not available for personal care or family care homes at this time.

Inspections/Surveys of Long-Term Care Facilities:

Kentucky law requires unannounced inspections of long-term care facilities be conducted approximately once per year by the Office of Inspector General (OIG), Division of Health Care. The purpose of this inspection or "survey" is to determine if the facility is providing care in a manner that meets federal and state regulatory requirements.

Summarized information about inspections at facilities which receive Medicare or Medicaid can be found on the Nursing Home Compare site at www.Medicare.gov/NHCompare. However, the information provided is not specific enough to always give the consumer a good picture of what the circumstances were that resulted in a finding of deficient practice. Detailed inspection findings from the last 3 years can be found on Kentucky's OIG website at http://chfs.ky.gov/os/oig/LTCinspectionfindings.htm. Information on facility ownership is also found on this website.

Facilities are also required by law to make copies available to the public of all surveys conducted over the last three years, including the most recent. You can ask a facility representative to help you locate the survey reports. Copies of inspection reports can also be obtained under open records by writing to the Office of Inspector General, Division of Health Care; 275 East Main Street 5E-A; Frankfort, KY 40621.

When reviewing the written report, note that it is divided into two sections. The left side of the page describes the inspectors' findings, and the right side details the facility's response and plan of correction. If the facility has been found to be out of compliance with a particular regulatory requirement, a tag number (e.g. F272) will appear in the far left column. This number cites the actual regulation. The report will describe the

requirement that was not met and provides examples of observations the inspectors made that caused them to make that determination. If the requirement was a federal requirement, it will also include a Scope and Severity score (e.g. SS=F) which describes how many residents were affected and how much

harm or potential for harm the violation caused. Scope and Severity scores range from A to L. Generally speaking, the higher the letter, the more serious the problem.

Quality Indicators:

The Centers for Medicare and Medicaid Services (CMS) also provides quality indicators facility which receives Medicare or Medicaid www.Medicare.gov/NHCompare. This information is collected from the resident assessments which are completed on each patient entering the nursing facility. The assessment, often called an "MDS" for Minimum Data Set, is used to determine how the facility is reimbursed by Medicare and Medicaid. It also identifies problems that each patient has and is used as the basis for the individualized patient care plan that the Information collected on these assessments includes the facility staff develops. resident's health, physical functioning, mental status, and general well-being. All of this data is reported by the nursing facilities themselves. Medicare uses this data to look at the number of residents whose condition during previous days prior to the assessment has improved or declined.

These numbers can give some helpful information. Consumers can use the information to narrow their search and to focus their discussions with facilities about the care they provide. However, it is important to remember that there may be a number of factors besides the quality of care provided that could account for some of these numbers.

Staffing in Long-Term Care Facilities:

Federal law does not require nursing facilities to meet staffing ratios. And Kentucky, like many other states, does not require staffing ratios, although a bill suggesting such a requirement has been offered to the state legislature for several years now. However, both federal and state regulations do require facilities to have sufficient staff to meet the needs of the residents.

Facilities are required to post staffing information for the entire facility but not for each unit, so consumers will still have to do their own count to determine how many nursing staff is actually available to care for residents in different sections or wings of the facility. During annual surveys of facilities, state agencies monitor to see that this information is posted. The expectation is that the information should be accurate for every day for every shift and displayed in a uniform and understandable manner.

Every nursing facility must post:

- how many registered nurses, licensed practical nurses, and certified nurse aides giving direct care are available on each shift
- number of residents living at the facility
- information in a clear and readable format in a prominent place that is readily accessible to residents and visitors
- provide a copy of the posting to family members and other visitors upon request. The facility can charge for making copies of the posting

Information regarding the staffing levels of particular nursing facilities is available on the Medicare web site at www.Medicare.gov/NHCompare. The staffing hours reported on "Nursing Home Compare include not only direct care from nurses and nursing assistants but also administrative nursing time. This makes it difficult for consumers to know how much direct care residents are receiving. The staff hour data used for "Nursing Home Compare: is self-reported by the facility and is not audited for accuracy. Some things to look for are: high levels of RN staffing; pay attention to the number of Certified Nursing Assistant (CNA) staffing hours; visit the facility and ask staff and families about the actual numbers of staff available to directly care for residents on each shift. Studies show that RN involvement in care is important for quality. The study also shows that Certified Nursing Assistants (CNA's) provide 90% of the hands-on resident care.

During the survey process, each facility must report its nursing staff hours for a two week period prior to the time of the state inspection to the survey agency. The Centers for Medicare and Medicaid Services then converts the reported nursing staff hours into the number of staff hours per resident per day and posts that number on their web site. Hours-per-resident-per-day is the average amount of hours worked divided by the total number of residents. It does not necessarily indicate the number of nursing staff who are present at any given time nor does it report how many of these staff members were available to provide direct care.

Supervisory nurses who do not provide direct care should not be included in the numbers. Non-nursing staff (such as social workers, recreation therapists or physical therapy aides) should not be included. Single-task workers who do not meet nurse aide training and certification requirements should not be included. It is also important to count only those persons who are actually working.

The Admission Process

Admission Contracts:

An admission contract is a legal document which describes the relationship between the facility and the resident. Therefore, it is crucial that you read and understand this document before signing it. The agreements made in this contract are significant because it outlines the services the facility provides, the rights and responsibilities of the resident and the charges for care. Remember, the facility drafted this contract and took care to ensure it protects the interests of the institution first. Some admission contracts contain unenforceable clauses which attempt to mislead the residents into thinking they have fewer rights than they actually have, and that the facility has fewer responsibilities than it actually does.

Admission Deposits:

Persons seeking placement in a nursing facility are often required to put up large deposits in order to be admitted. A facility may require a cash deposit before admission if the care will not be covered by Medicare or Medicaid. It is unlawful for a facility to require a cash deposit of persons covered by Medicare or Medicaid. Federal law prohibits facilities from requiring pre-payment as a condition of admission for care covered under either Medicare or Medicaid.

The facility may request that a Medicare beneficiary pay co-insurance amounts and other charges for which a beneficiary is liable. These should be paid as they become due but not in advance.

A nursing facility may not require a deposit from persons who demonstrate proof of their eligibility for Medicaid. If a resident is applying for Medicaid, but a determination of eligibility has not been made, the facility may collect a refundable security deposit. If the resident is later determined to be eligible for Medicaid, the facility must refund the deposit <u>prior</u> to billing Medicaid. If eligible to receive Medicaid, payment is retroactive 90 days from the date of the approval. A facility cannot require a third party guarantor for a Medicaid eligible applicant as a condition of admission.

Notification of Residents' Rights:

In all facilities there are rules and procedures to keep things running smoothly. Residents do, however, have specific legal rights which are protected by both state and federal law. Residents must be given full information regarding those rights at the time of admission. The resident must acknowledge, in writing, they have been informed of these rights and the facility must keep a copy of the acknowledgment in the resident's file.

Some of these rights require that facilities provide specific information to residents at the time of admission. Such as: the resident must be fully informed both in writing and orally, in a language they can understand, of all services available. A copy of these services (with the resident's signature) must be kept by the facility in the resident's file. The resident must be given information, in writing, about Medicaid benefits at the time they are admitted. The resident must be given full information of all expected charges. Each resident should be informed of charges included under the basic rate and any extra charges for additional services.

Residents should be informed in writing of other specific legal rights related to receiving information, making decisions, coming and going at will, communicating with others, receiving fair and dignified treatment and other more specific rights. Each resident must also receive information about the existence of the Ombudsman Program.

Smoking Policies:

Long-term care facilities are rapidly declaring themselves to be smoke-free and are doing so for several reasons. In order to keep smoking facilities safe, many facilities are establishing strict/structured smoking routines.

Facilities do have a responsibility to provide a safe environment which protects their staff and non-smoking residents from exposure to second hand smoke. However, they are also required to provide a homelike atmosphere which supports personal autonomy as much as possible.

The smoking policy of the facility should be communicated to all employees and residents prior to its effective date, at the time of employment or admission, and prior to the signing of an admission agreement or contract. A written copy of the smoking policy should be supplied upon request.

Several facilities also offer smoking cessation programs and encourage the use of smokeless tobacco products such as patches.

Use of Electric Wheelchairs:

Some nursing homes have a policy disallowing the use of electric wheelchairs, citing safety and liability issues as the reason for their policy. Ask to see the written policy.

The Americans with Disabilities Act protects the rights of disabled persons, including nursing facility residents. Nursing facilities are public accommodations, and if they are receiving federal or state reimbursement or funding, they are prohibited from discriminating on the basis of disability. This would prohibit nursing facilities from implementing blanket policies denying the use of electric wheelchairs. Such policies also violate a nursing facility resident's rights to retain and use his or her own personal possessions unless the use infringes upon the rights of others.

A facility could bar an individual resident's use of an electric wheelchair if the use poses a direct threat to others or fundamentally alters a program. However, the use of the electric wheelchair would have to pose a substantial risk of serious harm to the health and safety of others that could not be remedied.

Binding Arbitration Clauses:

Long-term care facilities are presenting residents with binding arbitration agreements as part of the admission process, which limit the resident's ability to sue the facility if something goes wrong including allegations of abuse, neglect and/or exploitation. The resident must agree to abide by an arbitration process and in which the outcome is binding and cannot be appealed in the courts. The resident or their representative **does not have to sign an arbitration clause to be admitted.** If you choose to sign, read it carefully. By signing, you are entering into a legal contract. Seeking legal advice is strong encouraged prior to signing any contract.

Make sure you understand the dispute resolution process that is incorporated into the agreement and how the arbitrator will be chosen. Make sure the agreement complies with the rules of procedure, the provisions of Kentucky's Uniform Arbitration Act. Note whether or not the agreement limits the amount of time which can pass between the event in dispute and the request for arbitration. Notice when the agreement expires. Some binding arbitration agreements remain in effect even following the resident's discharge and readmission to the facility. That might be OK if the resident is discharged to the hospital and then readmitted, but not if it covers all future admissions.

The agreement will usually apply to any and all disputes you may have with the facility. That could include disputes regarding a bill, the availability of services, the quality of care or any other dispute. So make sure you understand the other aspects of the admission contract. Admission contracts sometimes contain clauses that limit what the consumer can expect the facility to provide in the way of care, restrict rights or even hold the facility to a standard that is less than the regulatory requirements. Also, check to see if the

agreement limits the amount of the award. Juries are much more likely than arbitrators to grant large awards.

Advanced Directive Legal Decisions

Decisional Capacity

"Decisional capacity" is defined as "the ability to make and communicate a wish." A person may be able to rationally formulate a choice of where to live, but not be able to handle financial situations. "Capacity" should be determined specific to the decision being made. A person must be evaluated by a physician for a change in their decisional capacity to be determined.

By law, all persons over the age of 18 are capable of decision making unless evidence is shown to the contrary. When this happens, a guardian is appointed to assist the individual in making decisions. Since the right to direct one's own life is a basic civil liberty, such a determination requires a jury hearing.

Advanced Directives

The need for a formal court determination of capacity can sometimes be avoided if a person has executed an advanced directive such as a *Durable Power of Attorney*, *Health Care Surrogate* or if he has left written instructions in a *Living Will*. This kind of planning must be done while the individual is still able to make decisions and empowers the person(s) appointed to make financial or health care decisions in the manner believed to be the individual's choice. Health care providers are required by law to inform patients at the time of admission of the right to execute an advanced directive. However, a facility cannot require that a resident have a living will, power of attorney or other advanced directive as a condition for admission. Advance directive forms furnished by the facility should be reviewed cautiously. It is recommended that residents in long term care facilities have a copy of their advanced directives be kept in their medical records.

Many long-term care facilities interchange "Living Will" with "DNR". There is a vast difference. A "DNR" means "do not resuscitate" or make any attempt to revive the patient. A "Living Will" expresses specific end-of-life wishes. It is important that an advanced directive apply to any health care setting, not just the facility to which the person is being admitted.



Kentucky Legal Aid (KLA) provides free civil legal services for low income residents of western and south-central Kentucky. Some of our services include assistance with child support, custody, consumer fraud, domestic violence orders, employment issues and housing counseling. We provide benefits counseling to elderly and disabled persons regarding SSI, Food Stamps, Medicaid and Medicare and assistance with Power of Attorneys, Living Wills and Health Care Surrogates.

Call the KLA Intake Office at **1-866-452-9243** (toll free) or **270-782-5740**, **8:30** a.m. to 6:00 p.m. Monday through Thursday (Central Time Zone).

Five specific terms are used to describe the persons or instructions which will assist health-care decision making when the patient lacks decisional capacity. They are Power of Attorney, *Healthcare Surrogate*, *Living Will Directive*, *Responsible Party and Guardianship/Conservatorship*.

Power of Attorney

The Power of Attorney always works at the direction of the person who has appointed them. Usually, a Power of Attorney gives authority to handle financial and property decisions rather than health care decisions, but it can be utilized to authorize both. Neither a Power of Attorney nor a Health Care Surrogate authorizes an individual to act against the wishes of any person who is capable of forming and expressing his or her intentions. Nursing facility residents retain the right to direct their own life and care decisions so long as they are able.

There are two types of Power of Attorney documents: *General* and *Durable*. General Power of Attorney is the most common and gives the appointed person the ability to act on behalf of the individual to execute their financial or legal affairs. As soon as the person is either deemed incompetent or passes away the General Power of Attorney document is then null and void. A Durable Power of Attorney is when a person appoints someone to act on their behalf if they become incapacitated.

Healthcare Surrogate

A *Health Care Surrogate* is someone voluntarily appointed by an adult patient who is the "grantor". The grantor must be capable of expressing the wish that the person appointed will make decisions for the grantor. A Health Care Surrogate is given the power to make decisions in accordance with the desires of the patient after consulting with the physician and may not make any decision that the patient is capable of making for himself, unless specifically authorized within the document.

A Health Care Surrogate may make decisions authorizing the withdrawal of food or hydration but only in limited circumstances such as: when death is imminent; when the patient is in a permanent unconscious state and has a living will requesting such withdrawal; when food cannot be physically assimilated; and/or the burdens outweigh the benefits. Withdrawal of food and hydration cannot be authorized if it is needed for the relief of pain or when the patient is pregnant.

An owner, director, or employee of the facility providing care cannot be named a surrogate unless he is a blood relative. A surrogate may resign at any time by giving written notice and a patient can revoke a designation of Health Care Surrogate at any time.

Living Will Directive

Under KRS 311, a *Living Will Directive* is a written document used to designate a Health Care Surrogate. It expresses wishes relating to the withholding or withdrawal of food

and hydration or life-prolonging treatment. The statute contains a suggested living will directive form which does not require an attorney and is readily recognized by emergency medical personnel. Some attorneys, however, advise their clients not to use this standardized form suggesting it is confusing and easily misunderstood. Be aware that emergency medical responders or paramedics may not recognize wishes to not be resuscitated if a state approved standard form is not used.

A living will directive must be: dated; signed by the patient or at the patient's direction; properly witnessed by two adults in the presence of the patient and in the presence of each other; or acknowledged before a notary public. None of the following may act as a witness: a blood relative, a beneficiary, an employee of a health care facility where the resident is a patient (unless the employee is a notary), an attending physician, or any person directly financially responsible for grantor's health care. A patient can revoke or change a living will directive at any time. Any new directive automatically revokes a previous directive. Kentucky honors Living Wills from other states.

Responsible Party

The term *Responsible Party* can be confusing. Under Kentucky law, a responsible party is someone with the authority to make a health care decision for a patient who has not executed a living will or appointed a health care surrogate <u>and</u> the patient lacks decisional capacity. The responsible party is the following person or persons in hierarchical order. First, a court appointed guardian, then the patient's spouse, next an adult child or majority of adult children reasonably available, then the parents of the patient and lastly, the nearest living relative.

This term is also used to designate the next of kin or the person the facility will call if there is an emergency. However, nursing facilities often use this same term to mean guarantor of the bill. The responsible party is <u>not</u> the guarantor of the bill unless a voluntary contractual arrangement is entered into between the responsible party and the facility. Consumers should cautiously review any admission contracts for such clauses and understand what they are signing. Under some circumstances, it may be illegal for the facility to require a responsible party to be guarantor. For instance, a facility may not require a third party guarantor for a resident who has provided proof they are Medicare or Medicaid eligible.

Guardianship and Conservatorship

A determination of legal disability is made through a jury trial. When the court determines that a person is deemed not competent, it also appoints a guardian or a conservator (a guardian that only assists with finances) to help with needs that the person cannot manage on their own. If a person does not know anyone willing to serve as a guardian the court may appoint a state guardian or conservator. A guardian is given the legal authority to make decisions for the non-competent adult. If a person needs assistance in only some aspects of their life, a limited guardian or conservator may be appointed.

The goal of guardianship is to protect the disabled person's rights and to ensure their well-being, not to force someone to do what another person thinks they should do. Some duties of a guardian may include: arranging a place for the person to live; arranging for services to meet the person's needs; consenting to medical treatment for the person; and managing his or her finances unless a separate conservator has been appointed.

Guardians must make yearly reports to the court about how the person is doing. Guardianship should not be taken lightly as it limits the disabled person's civil rights. It is important to consider the person's individual needs and determine whether a less restrictive option (such as a POA or advanced directive) is more appropriate.

More information regarding guardianship can be found at the Kentucky Protection and Advocacy website at www.kypa.net. The information above was taken from their publication called "Thinking About Guardianship?" which can be accessed at http://www.kypa.net/uploads/ThinkingGuardianship.pdf.



United Way of Southern Kentucky

GIVE TO UNITED WAY

Your support matters. It creates amazing opportunities for education, income, health, and safety net issues impacting young people, working families, and our seniors. However you choose to give, your donation makes a better life for people in our community and helps support the BARREN RIVER LONG TERM CARE OMBUDSMAN PROGRAM.

COMMUNITY RESOURCES FOR AGING

Assisted Living Facilities

Certified annually by the Kentucky Department of Aging and Independent Living. Residents receive assistance with: 1) daily ADL activities; with activities such as housekeeping, shopping and laundry; provided 3 meals a day; scheduled daily social activities; assistance with self-administered medication.

Barren

Highland Ridge Assisted Living 180 Scottie Drive Glasgow, KY 42141 270-659-2548 (56 Units) http://www.highlandridgeglasgow.com/

Hometown Manor of Glasgow 201 Trista Lane Glasgow, KY 42141 859-229-5914 (12 Units) http://www.hometownmanor.com/

Logan

Hometown Manor Russellville 108 Boyles Drive Russellville, KY 42276 270-726-4187 (16 Units) http://www.hometownmanor.com/

Simpson

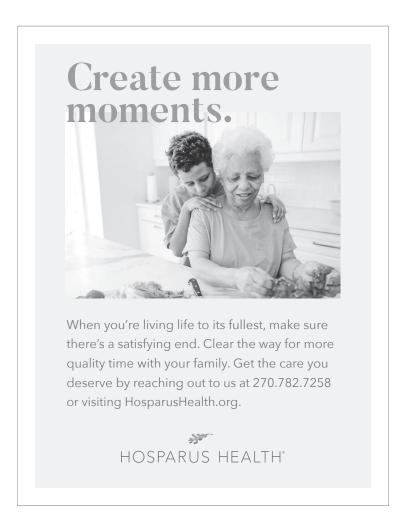
New Haven-Franklin I 1119 Brookhaven Franklin, KY 42134 270-598-8831 (12 Units) http://newhavenal.com/index.htm

New Haven-Franklin II 1117 Brookhaven Franklin, KY 42134 270-598-8830 (12 Units) http://newhavenal.com/index.htm

Warren

Bowling Green Retirement Village 445 Middle Bridge Road Bowling Green, KY 42103 270-842-5433 (137 Units) http://www.bgrv.com/

Morningside of Bowling Green 981 Campbell Lane Bowling Green, KY 42104 270-746-9600 (42 Units) http://www.morningsideofbowlinggreen.com



Hospice Agencies

Agencies that provide comfort and support to terminally ill patients and their families.

Hosparus 270-782-7258 or 1-877-892-5858 101 Riverwood Ave. Suite B Bowling Green, KY 42103 www.hosparus.org Serves Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Monroe, Simpson and Warren counties

Hospice House
270-782-3402 or 1-800-344-9479
5872 Scottsville Road
Bowling Green, KY 42104
www.hospicesoky.org/
Provides general inpatient, respite,
and residential care – each with their
own requirements.

T.J. Samson Home Care 1301 N. Race St. Glasgow, KY 42143 270-651-4430 Serves: Barren, Hart, Metcalfe and Monroe counties

Hospice of Southern Kentucky 270-782-3402 or 1-800344-9479 5872 Scottsville Road Bowling Green, KY 42104 www.hospicesoky.org/ Serves: Allen, Barren, Edmonosn, Hart, Logan, Metcalfe, Monroe, Simpson and Warren Counties



J TJ Samson Home Care Program

1301 N. Race Street • Glasgow, KY **270.651.4430**

The T.J. Samson Home Care Program is a local, non-profit hospital-based Home Care provider serving Barren, Hart and Metcalfe counties.

Home Health Services:

- Skilled Nursing
- IV Therapy
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Home Health Aide
- Home and Community Based Services (Medicaid Program for personal care, respite and housekeeping)
- The only agency in the area to provide pediatric home care

Home Medical Egipment:

- Medical supplies: Ostomy, Foley, Urinary, Trach Care, Wound Care, Nutritional Supplements, CPAP, BiPAP, and more
- Oxygen with routine maintenance checks
- Non-Invasive Ventilator and licensed Respiratory Therapist visits

Hospice Care:

- T.J. Samson's Hospice Program is designed to provide comfort, counseling, and support to our patients and their family for life-limiting illnesses.
- Hospice is individualized care which affirms life and recognizes dying as a natural process that should be neither hastened nor prolonged and that can be met with richness of spirit.
- T.J. Samson's Hospice Program serves 10 counties in the BRADD area.

Mental Health - Providers & Services

BRASS, Inc. - Spouse Abuse Center

Crisis Line: 1-800-928-1183

or 270-843-1183

Warren County: 270-781-9334

Lifeskills, Inc. 270-901-5000

(See page 36)

Protection and Advocacy

1-800-372-2988

To protect and promote the rights of Kentuckians with disabilities through legally based individual and systemic advocacy, and education.

Senior Perspectives
The Medical Center at Franklin

270-598-4920

www.themedicalcenterfranklin.org

Rivendell Behavioral Health

Legacy Unit

270-843-1199 or 1-800-548-2621

1035 Porter Pike

Bowling Green, KY 42103

Senior Perspectives
The Medical Center at Scottsville

270-622-2890

www.themedicalcenterscottsville.org

The Medical Center Outpatient Behavioral Health

250 Park St., Bowling Green, KY 270-796-2550

MENTAL HEALTH FACTS

- Over 20% of adults aged 60 and over suffer from a mental or neurological disorder
- > 6.6% of all disability among people over 60 years is attributed to mental and neurological disorders.
- ➤ These disorders in older people account for 17.4% of Years Lived with Disability (YLDs).
- ➤ The most common mental and neurological disorders in this age group are dementia and depression, which affect approximately 5% and 7% of the world's older population, respectively.
- Anxiety disorders affect 3.8% of the older population, substance use problems affect almost 1% and around a quarter of deaths from self-harm are among people aged 60 or above.
- Substance abuse problems among older people are often overlooked or misdiagnosed.
- ➤ Mental health problems are under-identified by health-care professionals and older people themselves, and the stigma surrounding these conditions makes people reluctant to seek help.

Reference: http://www.who.int/mediacentre/factsheets/fs381/en/



Mental Health Services • Substance Abuse Services • Developmental/Intellectual Disability Services

Scottsville 512 Bowling Green Road Scottsville, KY 42164 270-237-4481

Munfordville 118 West Union Street Munfordville, KY 42765 270-524-9883

Franklin 1031 Brookhaven Road Franklin, KY 42134 270-586-8826

Children's Crisis Center 501 Chestnut Street Bowling Green, KY 42101 270-901-5000 Glasgow 608 Happy Valley Road Glasgow, KY 42142 270-651-8378

Russellville 433 Shelton Lane Russellville, KY 42276 270-726-3629

Bowling Green 380 Suwannee Trail Street Bowling Green, KY 42103 270-901-5000

Tompkinsville 800 North Main Street Tompkinsville, KY 42167 270-487-5655 Morgantown 202 Industrial Drive North Morgantown, KY 42261 270-526-3877

Edmonton 112 Sartin Drive Edmonton, KY 42129 270-432-4951

Crisis & Substance Abuse 822 Woodway Drive Bowling Green, KY 42101 270-901-5000

Brownsville 205 Mohawk Street Brownsville, KY 42210 270-597-2713

Covering All of South Central Kentucky

270-901-5000 • lifeskills.com

Personal Service Agencies

Provide non-medical in-home services directly or match clients with caregivers.

Comfort Keepers 270-782-3600 http://www.comfortkeepers.com 730 Fairview Av., Suite A3 Bowling Green, KY 42101

Companion Care Services, LLC 270-239-3470 803 East Main St. Scottsville, KY 42164

270-780-2130 Help at Home 2501 Crossings Blvd., Suite 100 Bowling Green, KY 42104 www.helpathome.com

Home Instead Senior Care 270-842-7540 or 1-866-442-7540 1861 Westen St., Suite A

Bowling Green, KY 42104 www.homeinstead.com

Rainbow, LLC 270-745-0033 870 Fairview Ave., Suite A2 Bowling Green, KY 42101 http://rainbowhomecarellc.com/

Southern Home Care 270-977-8994 632 Adams Street. Suite 100 Bowling Green, KY 42101 www.southernhomecareky.com/

Timesavers KY. LLC 270-792-5703 1945 Scottsville Rd., Suite A3 Bowling Green, KY 42104 www.mytimesavers.net

Help at Home, LLC

term care facility.

Help At Home, LLC employs a large staff of trained Homemakers, Personal Care Aides, and Direct Support Professionals who are readily available to provide services for you or a loved one.

HOW TO APPLY:

Complete an online application at www.helpathome.com or contact

Tiffany Garrity for more information at 270-780-2130.

Help at Home, LLC is a home care Help At Home, LLC is proud to be a agency that has been providing quality, equal opportunity employer. compassionate, dependable care as an We are fully insured and bonded, and alternative to nursing home all of our staff are thoroughly trained, placement for over 40 years, Since tested, and background checked 1975, we have provided the means before ever entering a client's home. for thousands of people to remain Offering competitive compensation comfortably and safely in their own and attractive benefits allows us to home and communities instead of employ the best staff available. The relocating to a nursing home or long- professional, dedicated staff we employ is a big part of our success.









Help At Home, LLC offers unique employment opportunities to work with the elderly and individuals with developmental/intellectual disabilities in our community. We offer competitive wages, vacation & holiday benefits, insurance packages, free training, and a sign on bonus! We also offer flexible schedules to work around school schedules, child care needs, etc

Ve are currently accepting applications for positions in the following counties: Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Monroe, Simpson & Warren.

PERSONAL CARE Our Personal Care Aides work directly with our elderly clients roviding the following services in the clients own home: Personal Care services · Homemaking services · Respite services Transportation to/from medical

appointments Services are typically provided Monday-Friday: 8am-5pm STARTING PAY IS \$10.10/hr - \$10.50/hr

DD/ID SERVICES Our Direct Support Professionals work with children and adults with developmental/intellectual disabilities either in a residential setting or in the consumer/quardians own home through SCL and Michelle P. Waiver services. Residential services are staffed 24/i with shifts that are typically 12am-8am, 8am-4pm, 4pm-12am MPW services are based on the allotted hours per participant and their desired schedule. STARTING PAY IS

FHP SERVICES Our Family Home Providers welcome a person with varying degrees of developmental and/or intellectual disabilities into their own home as a way to promote independent living in a family setting. Our FHP's will provide service to the individuals as you would any member of your family, assisting them with medical appointments, transportation, meals and all aspects of ADL's.

Our FHP's are compensated a tax exempt \$90.00 per day stipend plus room and board for providing supports in a caring home. Help At Home is willing to match or beat any competitors rate.

\$9.00/hr - \$11.00/hr Help At Home, LLC

1268 Campbell Lane, Suite 101 · Bowling Green, KY 42104 Phone: 270-780-2130 • Fax: 270-780-2179 • Email: <u>Tgarrity@helpathome.com</u> Help At Home, LLC is an EEOC employer.

Veterans Benefits

The U.S. Department of Veterans Affairs (VA) has launched several enhanced services to help family caregivers of seriously ill and injured veterans. One of these services is a toll-free line, the National Caregiver Support Line – 1-855-260-3274. This number connects to a referral center that assists caregivers, veterans and others seeking caregiver information. The VA will pay veterans residents in nursing homes a monthly personal needs allowance of **\$90 per month**.

The VA also administers a special monthly pension benefit called the *Aid and Attendance Pension* (A&A). The pension benefit may be available to wartime veterans and surviving spouses who require the regular attendance of another person to assist in eating, bathing, dressing/undressing or taking care of the needs of nature. It also includes individuals who are blind or residing in a nursing facility because of mental or physical incapacity. Assisted care in an assisted living facility also qualifies.

As of the printing date of this guide, the A&A Pension can provide up to \$1,911.00 per month to a single veteran, \$1,228.00 per month to a surviving spouse, or \$2,266.00 per month to a married veteran.

Eligibility must be proven by filing the proper Veterans Application for Pension or Compensation. This application will require a copy of the DD-214 (see below for more information) or separation papers, medical evaluation from a physician, current medical issues, net worth limitations, net income and any out-of-pocket medical expenses.

For information and assistance in applying for the A&A Pension or other benefits, you can call the Veterans Benefits Administration call center at 1-800-827-1000. In Kentucky there are also 18 local Veterans Benefits Field Representatives. To locate your local representative, visit www.veterans.ky.gov or call 1-800-928-4012. Any local veterans' service organization can provide information as well.

There are three Veterans Centers in Kentucky that provide skilled nursing care: Thomson-Hood Veterans Center in Wilmore, KY; Eastern Kentucky Veterans Center in Hazard, KY and Western Kentucky Veterans Center in Hanson, KY. Western Kentucky Veterans Center serves the Barren River area, and may be contacted at (877) 662-0008.

<u>Kentucky Department of Veteran's Affairs:</u> http://veterans.ky.gov
Assists veterans with benefits, health care, employment and other special programs. For more information call 800-572-6245 or 502-564-9203.

VA Outpatient Clinic – Bowling Green 600 US 31W Bypass, Bowling Green, KY 42101 270-782-0120 www.tennesseevalley.va.gov (Fairview Shopping Center)

The Nursing Home Checklist

Use the Nursing Home Checklist when you visit a nursing home.

Take a copy of the Nursing Home Checklist when you visit to ask questions about resident life, nursing home living spaces, staff, residents' rooms, hallways, stairs, lounges, bathrooms, menus and food, activities, safety, and care.

Use a new checklist for each nursing home you visit. You can photocopy the checklist or print additional copies available at www.medicare.gov/NHCompare.

Name of Nursing Home:	
Address:	
Phone Number:	
Date of Visit:	

Basic Information	Yes	No	Comment
Is the nursing home Medicare-certified?			
Is the nursing home Medicaid-certified?			
Does the nursing home have the level of care I need?			
Does the nursing home have a bed available?			
Does the nursing home offer specialized services, such as a special unit for care for a resident with dementia, ventilator care, or rehabilitation services?			
Is the nursing home located close enough for friends and family to visit?			

Visit Nursing Home Compare at www.medicare.gov/NHCompare for more information.

COMPARISON OF ON-SITE FACILITY VISITS

This guide can assist you in recording information and making informed decisions regarding placement. Carry it with you when visiting different facilities as it will help you to compare multiple locations. Listed below are some areas you may want to be aware of during your visits as well as some questions you may want to ask. Not all questions are applicable to each type of relocation setting and the list is not all-inclusive.

Phone Number

Date of Visit

Contact Person

Name of Residence

A			
B			
C			
	Residence	Residence	Residence
	A Yes/No	B Yes/No	C Yes/No
Is the general atmosphere warm, pleasant, and cheerful?			
Does staff show genuine interest in, and affection for, residents?			
Do residents look well cared for and generally content?			
Is the facility free of unpleasant odors?			
Are call lights answered within a reasonable time frame?			
Does the food look appetizing with adequate serving sizes?			
Do residents who need help in eating receive assistance?			
Does the residence offer activities that you would enjoy?			
Are activities offered for residents who are relatively inactive, confined to their rooms or cognitively impaired?			
Do residents have an opportunity to attend religious services and talk with their clergyman, both in and outside the facility?			
Is fresh drinking water available and within reach of the resident?			
Does staff knock before entering a resident's room?			
Is there a lounge where residents can chat, read, play games, watch television or just relax away from their rooms?			
Does the residence have an outdoor area where residents can			

get fresh air and sunshine and do residents use this area freely?

Did the residence's representative ask about your (or your family

member's) specific needs and preferences?

RESIDENT'S PERSONAL INVENTORY LIST

Resident Name:	Room Number:			
New Residence:	Transfer:			
Belts	Slippers			
Bible	Slip			
Blouse's	Socks			
Boots	Suit			
Books/Magazines	Suspenders			
Bra's	Sweater			
Coat/Jacket	Sweatpants			
Dentures: Upper/Lower	Sweatshirts			
Dress'	Hosiery			
Eye Glasses	TV/remote taped to TV			
Hat/Cap	Undershirt			
Nightgown	Underwear			
Pajamas	Vest			
Pants/Slacks	Walker/Cane			
Personal Chair (recliner/geri)	Wall decorations			
Personal papers	Wallet			
Purse	Other			
Quilt/Comforter				
Radio				
Robe				
Shaver (Electric)				
Shirts				
Shoes				
Shorts				
Skirt				
Signature confirmation of nursing facility staff:				

LONG-TERM CARE FACILITY LISTING

30 Facilities:

Below is a list of licensed long-term care facilities by county. Specific information about these facilities follows in an alphabetical listing by county RATE TABLE.

(NF): Skilled Nursing Facility; (PC): Personal Care Facility; (FC): Family Care Home (ALZ): Alzheimer's Facility

Allen County

Cal Turner Rehab & Specialty Care (NF) Cornerstone Manor (PC) Scottsville Manor (PC)

Barren County

Barren County Nursing and Rehab (NF)
Signature Healthcare of Glasgow Rehab
& Wellness Center (NF)
Glenview Health Care Facility (NF)
Glasgow State Nursing Facility (NF)
NHC Healthcare (NF and PC)
TJ Samson Skilled Nursing Unit (NF)

Butler County

Morgantown Care and Rehab (NF)

Edmonson County

Edmonson Center (NF & PC)

Hart County

Signature Healthcare of Hart County Rehab & Wellness Center (NF)
Hart County Manor (PC)

Logan County

Auburn Health Care (NF)
Creekwood Place Nursing
& Rehab Center (NF)
Miller Family Care Home (FC)

Metcalfe County

Harper's Home for the Aged (PC)
Metcalfe Health Care Center (NF & PC)

Monroe County

Signature Healthcare of Monroe County Rehab & Wellness Center (NF)

Simpson County

Franklin-Simpson Nursing and Rehab (NF) Lewis Memorial Methodist Home (PC)

Warren County

Bowling Green Nursing and Rehab (NF)
Christian Health Center at Village Manor
(NF, PC)
Colonial Center (NF)
Fern Terrace of Bowling Green (PC)
Greenwood Nursing and Rehab (NF)
The Haven at Massey Springs (PC)
Hopkins Center (NF)
Magnolia Village (ALZ)

Signature Healthcare of the Bowling Green (NF)

FACILITY RATE TABLE INFORMATION:

Allen County: Website: http://www.themedicalcenterscottsville.org/ Email: woodjh@chc.net Cal Turner Rehab and Specialty Care Phone: (270)622-2800 456 Bumley Rd. Fax: (270)622-2996 Scottsville, KY 42164-6355 Type of License Total Number of Beds Family Care Personal Care **Nursing Facility** Alzheimer's Other 110 110 0 0 0 0 Certification of Medicaid Only Both Medicare & Medicaid Medicare Only Nursing Facility 0 110 0 Beds Personal Care Room Rates Skilled Care Room Rates Semi-Private Private Rehab Semi-Private Information Private Reported \$247.00 \$247.00 YES N/A N/A Room To be Rates current Intermediate Care Room rates Accepts State Supplement As of 4/01/20 Private Semi-Private N/A \$190.00 \$175.00 Non-profit Corporation: B.B. Warren Co. Community Hospital Corp. DBA Cal Turner Rehab & Ownership Specialty Care, 800 Park St., Bowling Green, KY 42102 Activity Director: Donna Hammer Medical Director: Dr. Michael Lang Admissions Counselor: Kim Duke & Samantha Administrator: Jacque Woodward Traughber Director of Nursina Joy Lynn Social Services Director: Sarah Hermin Website: N/A Allen County: Cornerstone Manor, LLC Email: N/A Phone: (270)237-3485 Resident Phone: 270-239-3485 515 Water St. - P.O. Box 528 Fax: (270)239-7824 Scottsville, KY 42164 Type of License Total Number of Beds Family Care Personal Care **Nursing Facility** Alzheimer's Other 36 0 36 0 0 0 Certification of Medicaid Only Both Medicare & Medicaid Medicare Only **Nursing Facility** 0 Beds Skilled Care Room Rates Personal Care Room Rates Semi-Private Private Private Semi-Private Information Reported N/A \$1,650/month \$1,375/month N/A Room To be Accepts State Supplement Intermediate Care Room rates Rates current As of Private Semi-Private 1/16/20 YES N/A N/A For profit company: Cornerstone Manor, LLC Ownership P.O. Box 528, Scottsville, KY 42164 N/A Medical Director: Activity Director: N/A Wanda Meador Admissions Coordinator: Administrator: N/A Director of Nursing Social Services Director: N/A N/A

Allen County: Scottsville Manor P.O. Box 87 – 824 No Scottsville, KY 42164								
	Type of License							
Total Number of Beds 40	Family Care 0		nal Care IO	Nursing Fac	Nursing Facility A		Other 0	
Certification of Nursing Facility Beds	Medicaid Only Both M			ledicare & Med	dicaid	Me	edicare Only 0	
	Skilled Ca	are Room F	Rates		Pe	Personal Care Room Rates		
Room	Private N/A		ii-Private N/A	Information Reported To be		rivate 5/Month	Semi-Private \$1,350/Month	
Rates	Intermediate	Care Roo	m rates	current	A	Accepts State Supplement		
	Private N/A		ii-Private N/A	As of 1/13/20	YES			
Ownership	Private For-Profit Entrepreneur: Health Systems of Kentucky 329 Townpark Circle – Suite 100, Louisville, KY 40243							
Medical Director: Administrator: Director of Nursing	N/A Activity Director: Megan White Lesa Keen Admissions Coordinator: Lesa Keen Tamera Carter Social Services Director: Lesa Keen							

Barren County: Barren County Nurs 300 Westwood St. Glasgow, KY 42141	Emai Phon	il: <u>jg</u> u ne: (2	http://barrenco umm@barrenco 270)651-9131 0)651-6989					
	Type of License							
Total Number of Beds 94	Family Care	Personal Care			Nursing Facility 94		Izheimer's 0	Other 0
Certification of Nursing Facility Beds	Medicaid Only 0			Both Medicare & Medicaid 94			Ме	dicare Only 0
	Skilled C	Rates			Pe	Personal Care Room Rates		
Room	Private \$215.00	Semi- Private \$204.00	Rehab Yes		Information Reported To be	Private N/A		Semi-Private N/A
Rates	Intermediate Care Room ra					Accepts State Supplement		
	Private \$215.00	Semi-F \$204			As of 12/5/20		N/A	A
Ownership	For-Profit Corporation			'				
Medical Director: Administrator: Director of Nursing	Dr. Amelia Kiser Jason Gumm Jamie Maynard		Adr	missi	Director: ons Coordinator Services Director	-	Amy Loyall Karen Shei Ashley Per	rfy

Website: http://glasgowsnf.ky.gov/ Barren County: **Glasgow State Nursing Facility** Email: amanda.allen@ky.gov 207 State Ave. - P.O. Box 189 Phone: (270)659-4700 Glasgow, KY 42142-0189 Fax: (270)651-1725 Type of License Total Nursing Facility Number of Beds Family Care Personal Care Alzheimer's **ICF** 100 0 0 100 0 Yes Certification of Medicaid Only Both Medicare & Medicaid Medicare Only Nursing Facility 100 Beds Skilled Care Room Rates Personal Care Room Rates Semi-Private Semi-Private Private Information Private Reported N/A N/A \$480.05 N/A Room To be Rates Intermediate Care Room rates current Accepts State Supplement As of Private Semi-Private 01/09/20 N/A N/A \$480.05 No-Profit Corporation: Ownership State operated – Commonwealth of Kentucky Medical Director: Dr. Phillip Bale Activity Director: Jamie Sheffield Administrator: Amanda Allen Admissions Coordinator: Jamie Sheffield Director of Nursing: Kathy Brooks Social Services Director: Jamie Sheffield Asst. Dir. of Nursing Amanda Lile Barren County: Website: N/A **Glenview Health Care Facility** Email:Kbush@glenviewfamily.com 1002 Glenview Dr. - P.O. Box 1507 Phone: (270)651-8332 Fax: (270)651-8069 Glasgow, KY 42142 Type of License Total Number of Beds Family Care Personal Care Nursing Facility Alzheimer's Other 60 0 0 60 0 0 Certification of Medicaid Only Both Medicare & Medicaid Medicare Only **Nursing Facility** 60 0 Beds Skilled Care Room Rates Personal Care Room Rates Private & Semi-Private Private Semi-Private Information Reported \$350.00 N/A N/A Room To be Old Section New Section current Accepts State Supplement Rates As of Private & Semi-Private & Semi-01/22/20 Private Private N/A \$220.00 \$230-\$265 Entrepreneurship: Kay Bush/Lisa Howlett Ownership P.O. Box 1507, Glasgow, KY 42142 Medical Director: Dr. Amelia Kiser Activity Director: Regina Poland Administrator: Kay Bush Admissions Coordinator: Laura Burgan Director of Nursina Amanda Stiffev Social Services Director: Laura Burgan Asst. Dir. Of Nursing Tammy London

Barren County:
NHC Healthcare
109 Homewood Blvd.
P.O. Box 247

Website: www.nhcglasgow.com Email: dbillingsley@nhcglasgow.com Phone: (270)651-6126 Fax: (270)651-7171

Glasgow, KY 42142			1 ax. (270)	3017171			
	Type of License						
Total Number of Beds 206	Family Care	Personal Care 12		Nursing Facility 194		Alzheimer's	Other 0
Certification of Nursing Facility Beds	Medicaid 0	Only	Both M	edicare & Med 194	dicaid	licare Only 0	
	Skilled C	are Room Ra	ates		P	ersonal Care F	Room Rates
Room	Private \$255-530 Avg. daily	Semi-Private \$215-\$250 Avg. daily	Rehab Yes	Information Reported To be	Private \$110.00 avg. daily		Semi-Private \$85.00 avg. daily
Rates	Intermedia	te Care Room	rates	current	current Accepts State Supplemen		
	Private N/A	Semi-P N//		As of 01/15/20		N/A	
Ownership	For Profit Corporation National Health Care P.O. Box 1398, Murfreesboro, TN 37130						
Medical Director: Administrator: Director of Nursing	Dr. Richard Clous Denise Billingsley Tiffany Saltsman		Director: ons Coordinato ervices Directo		Kim Dean Laura Hall Derek Curry	,	

Barren County: Signature HealthCARE of Glasgow Rehab Wellness Center 320 Westwood St. Glasgow, KY 42141				Website: http://ltcrevolution.com/signature-healthcare-of-glasgow-rehab-wellness-center Email: admin.glasgow@signaturehealthcarellc.com Phone: (270)651-3499 Fax: (270)651-7881				
Total	Type of License			<u> </u>				
Number of Beds 68	Family Care 0	Persor	nal Care 0	Nursing Fa 68	cility	Alzheimer's	Other 0	
Certification of Nursing Facility Beds	Medicaid Only Both I			ledicare & Medicaid 64		Med	ledicare Only 4	
	Skilled C	are Room Ra	tes	F		Personal Care Room Rates		
Room	Private \$215.00	Semi-Private \$199.00	Rehab YES	Information Reported To be		Private Semi-Private N/A N/A		
Rates	Intermediat	e Care Room	rates	current	P	Accepts State Supplement		
	Private N/A	Semi-P \$199		VE				
Ownership	For-Profit Corporation: Signature HealthCARE of the Bluegrass 12201 Bluegrass Pkwy., Louisville, KY 40299							
Medical Director: Administrator: Director of Nursing	Dr. Amelia Kiser Leslie Smith Kim Poynter	Dr. Amelia Kiser Activity Director: Danielle Barlow Leslie Smith Admissions Coordinator: Melinda Page						

Barren County	unity Hoon Skills	Nebsite: www.	-					
1301 N. Race St.	unity Hosp. Skilled Nursing Unit Email: jreid@tjsamson.org Phone: (270)651-4458							
Glasgow, KY 42141			l	-ax: (270)651-	4786			
	Type of License							
Total Number of Beds 16	Family Care		nal Care 0	Nursing Fa	cility	Alzheimer's	Other 0	
Certification of Nursing Facility Beds	Medicaid 0	Only	Both M	ledicare & Medicaid M			edicare Only	
	Skilled Ca	Rates		F	Personal Care Room Rates			
Room	Private \$590.00	00	ni-Private 90.00	Information Reported To be		Private N/A	Semi-Private N/A	
Rates	Intermediate	Care Roo	m rates	current	,	Accepts State Supplement		
	Private N/A	Semi-Private N/A		As of 01/22/20		N/	A	
Ownership	Non-Profit T.J. Samson Community Hospital Corporation 1301 N. Race St., Glasgow, KY 42141							
Medical Director: Administrator: Director of Nursing	Dr. Amelia Kiser Jim Reid Christina Pedigo Activity Director: Admissions Coordinator: Social Services Director: James Neal Social Services Director: James Neal					al		

Butler County: Morgantown Care and Rehabilitation Center 201 South Warren Street – P.O. Box 159 Morgantown, KY 42261				: www.morgant dmin.morganto 270)526-3368 0)526-3001		e.com gnaturehealthca	arellc.com	
	Type of License	е						
Total Number of Beds 122	Family Care	Person	nal Care 0	Nursing Facility 122		Alzheimer's	Other 0	
Certification of Nursing Facility Beds	Medicaid Only Both Me			ledicare & Med	dicaid	Med	licare Only 10	
	Skilled	Care Room F	Rates		F	Personal Care Room Rates		
Room	Private \$225.00	Semi-Private \$215.00	Rehab YES	Information Reported To be		Private N/A	Semi-Private N/A	
Rates	Intermedia	ate Care Roo	m rates	current		Accepts State Supplement		
	Private N/A	00	ni-Private N/A	As of 01/27/20				
Private – For – Profit Corporation Ownership Signature Healthcare of the Bluegrass 12201 Bluegrass Parkway, Louisville, KY 40299								
Medical Director: Administrator: Director of Nursing	Dr. Ghayth Har Amy Phelps Deeana Phelps		Admiss	Director: sions Coordinato Services Directo		Cindy Stewa Jamie Howa Tammy McC	ard	

Edmonson Count Edmonson Center 813 S. Main St. – P.C Brownsville, KY 4221	www.genesisl ris.swihart@ge 270)597-2335 0)597-2959		om				
	Type of License						
Total Number of Beds 86	Family Care 0	Personal Care 12		Nursing Facility 74		heimer's 0	Other 0
Certification of Nursing Facility Beds	Medicaid Only Both N			Medicare & Medicaid Medicare Only 0			
	Skilled Ca	Rates		Pers	Personal Care Room Rates		
Room	Private \$345.00	Semi-Private \$317.00		Information Reported To be	Priva 3472/n		Semi-Private N/A
Rates	Intermediate	Care Roo	m rates	current Accepts State Supplement			Supplement
	Private N/A		ni-Private N/A	As of 02/01/20	N/A		
Ownership	For – Profit Corporation Genesis Health Care 1369 Stewartstown Rd. – Morgantown, WV 26508						
Medical Director: Administrator: Director of Nursing Asst. Dir. Of Nursing	Dr Pravin Avula and Dr. Sanjay Kaul Chris Swihart Darlene Myers Joseph Stewart			Activity Director Admissions Co Social Service	oordinator:	Mary Jo Scott Li Meredit	

Hart County: Website: N/A Hart County Manor Email: N/A 205 Bridge St. – P.O. Box 129 Phone: (270)524-7327 Munfordville, KY 42765 Fax: (270)524-7326								
	Type of License							
Total Number of Beds 54	Family Care 0		nal Care 54	Nursing Fa	cility	Alzheimer's	Other 0	
Certification of Nursing Facility Beds	Medicaid Only Both M			edicare & Medicaid			Medicare Only	
	Skilled Ca	re Room R	lates		Р	Personal Care Room Rates		
Room	Private N/A	00	i-Private N/A	Information Reported To be		rivate 86 month	Semi-Private \$1,243 month	
Rates	Intermediate	Care Rooi	m rates	current		Accepts State Supplement		
	Private N/A	Semi-Private N/A		As of 01/23/20		Υ	ES	
Ownership	Private For-Profit Mike Vaught 717 North Shady Lane, Eubank, NY 42567							
Medical Director: Administrator: Director of Nursing	N/A Activity Director: Barry Ford Michael Vaught Admissions Coordinator: Jennie Staples – Asst. Adm N/A Social Services Director: Jennie Staples – Asst. Adm					taples – Asst. Admin.		

Hart County:

Signature HealthCARE of Hart County Rehab

Website: http://ltcrevolution.com/signature-healthcare-of-hart-county-rehab-wellness-center
Email: admin.hart@signaturehealthcarellc.com
Phone: (270)786-2200
Fax: (270)786-6102

Type of License

Horse Cave, KY 4274	19		Fax: (27)	Fax: (270)786-6102				
	Type of License							
Total Number of Beds 104	Family Care	Personal Care Nursing Facility 104			cility	Alzheimer's	Other 0	
Certification of Nursing Facility Beds	Medicaid (id Only Both Medicare 8			Medicare Only 0			
	Skilled Ca	re Room R	Rates			Personal Care	Room Rates	
Room	Private \$239.00 daily		ni-Private .00 Daily	Information Reported To be		Private N/A	Semi-Private N/A	
Rates	Intermediate Care Room rates			current		Accepts State	Supplement	
	Private \$239.00 daily		ni-Private .00 daily	As of 1/9/20		N/A	4	
Ownership		Signature		on E of the Bluegr y., Louisville, k		99		
Medical Director: Administrator: Director of Nursing	Dr. Phillip Bale A Devin Dane A			Director: ions Coordinato Services Directo		Beth Ann Este Angie Croghar Candi Spears	_	

Logan County: Auburn Health Care 139 Pearl St. – P. O.			www.bolster-jesiraecocanou 270)542-4111		om olster-jeffries.c	com		
Auburn, KY 42206	20/10			0)542-7026				
	Type of License							
Total Number of Beds 66	Family Care 0	Persor	nal Care 0	Nursing Fa	cility	Alzheimer's	Other 0	
Certification of Nursing Facility Beds	Medicaid (Both M	ledicare & Med			Medicare Only 0		
	Skilled Ca	re Room F	lates		F	Personal Care Room Rates		
Room	Private \$229.00	00	ii-Private 109.00	Information Reported To be		Private N/A	Semi-Private N/A	
Rates	Intermediate	Care Rooi	m rates	current	Accepts State Supplement			
	Private N/A	00	ii-Private N/A	As of 1/20/20		N/A		
Ownership		Private For-Profit Company Bolster Health Care Group – Nancy Bolster 506 Allensville St. – P.O. Box 427, Elkton, KY 42220						
Medical Director: Administrator: Director of Nursing	Dr. Ashley Benner Desirae Cocanous Larraine Young		Admiss	Director: ions Coordinato Services Directo		Jennifer O'N Brandi Dave Brandi Dave	enport	

Logan County: Creekwood Place N 107 Boyles Drive Russellville, Ky 422		Rehab Center	Email: cjo Phone: (2	www.creekwoo rdan@creekwoo 70)726-9049)726-8706				
	Type of Licens	se						
Total Number of Beds 104	Family Car		nal Care 0	Nursing Fa 104	cility	Alzheimer's	Other 0	
Certification of Nursing Facility Beds		aid Only 0	Both M	ledicare & Med	dicaid	Medicare Only 0		
	Skilled	d Care Room R	ates		Р	Personal Care Room Rates		
Room	Private \$290.00	Semi-Private \$215.00	REHAB YES	Information Reported To be	ı	Private N/A	Semi-Private N/A	
Rates	Intermed	liate Care Roon	n rates	current	A	Accepts State Supplement		
	Private N/A	Semi-Pr \$215		As of 1/22/20		N/A		
Ownership	Non-Profit Corporation Creekwood Place Nursing and Rehab Center, Inc. 107 Boyles Dr., Russellville, KY 42276							
Medical Director: Administrator: Director of Nursing Asst. Dir. of Nursing	Dr. Manoj Maji Christy Jordan Lena Ward Robin Huddles	1	Admiss	Director: ions Coordinato Services Directo		Travis Bryar Tammy Tins Stacie Casti	sley	

Logan County: Miller Family Care F 89 Lrl Scott Rd. Auburn, KY 42206	<u>lome</u>	Website: N/A me Email: romanmiller@logantele.com Phone: (270)542-4653 Fax: (270)542-4653							
	Type of License	ype of License							
Total Number of Beds 3	Family Care 3	Persor	nal Care 0	Nursing Fa	cility	Alzheimer's	Other 0		
Certification of Nursing Facility Beds	Medicaid C	nly	Both M	ledicare & Med	licaid	Me	dicare Only		
	Skilled Ca	re Room F	Rates		Р	ersonal Care	Room Rates		
Room	Private N/A	Semi-Private N/A		Information Reported To be	· ·	Private 00/month	Semi-Private \$2,000/month		
Rates	Intermediate	Care Roo	m rates	current	Α	ccepts State	Supplement		
	Private N/A	00	ni-Private N/A	As of 01/21/20		N//	Α		
Ownership		Entrepreneurship Roman D. Miller Jr. 89 Laurel Scott Rd., Auburn, KY 42206							
Medical Director: Administrator: Director of Nursing	N/A Carrie Miller N/A		Admiss	Director: sions Coordinato Services Directo		N/A N/A N/A			

Metcalfe County: Harper's Home for t 2905 Columbia Rd. – Edmonton, KY 42129	P.O. Box 145		Website: N/A Email: N/A Phone: (270)432-5202 Resident # 270-43 Fax: (270)432-5202				270-432-7963	
	Type of License	1						
Total Number of Beds 27	Family Care		nal Care 27	Nursing Fac	Nursing Facility Alzh		Other 0	
Certification of Nursing Facility Beds	Medicaid (Only	Both M	oth Medicare & Medicaid			Medicare Only	
	Skilled Ca	are Room R	lates		Р	ersonal Ca	re Room Rates	
Room	Private N/A		ii-Private N/A	Information Reported To be		ivate 3/month	Semi-Private \$1,283.00/month	
Rates	Intermediate	Care Rooi	m rates	current	Α	Accepts State Supplement		
	Private N/A		i-Private N/A	As of 01/23/20		Υ	'ES	
Ownership	For-Profit Corporation Harper's Home for the Aged, Inc. – Norma Parnell, President 2905 Columbia Rd. – P.O. Box 145, Edmonton, KY 42129							
Medical Director: Administrator: Director of Nursing	Connie Prostko, A Cary Dabney Linda Grissom	APRN	Admiss	Director: ions Coordinato Services Directo		Virgina E Linda Gr Linda Gr	issom	

Metcalfe County:Website: www.metcalfehealthcare.orgMetcalfe Health Care CenterEmail: aneighbors@metcalfehealthcare.orgP.O. Box 115 – 701 Skyline Dr.Phone: (270)432-2921Edmonton, KY 42129Fax: (270)432-4300									
Lumonton, KT 42128	Type of Licen	Se		1 ux. (210)+	32 4000				
Total Number of Beds 84	Family Car		Perso	onal Care 13	_	g Facility 71	A	lzheimer's	Other 0
Certification of Nursing Facility Beds	Medica	aid On 0	ily	Both Me	edicare & l	Medicaid		Ме	dicare Only 0
	Skille	ed Car	e Room	Rates			Personal Care Room Rate		Room Rates
Room	Private \$210.00	Pr	emi- ivate 00.00	Rehab YES \$220.00	Informa n Reporte	ed			Semi-Private \$55.00
Rates	Interme	ediate	Care Roo	om rates	To be				Supplement
	Private \$210.0			mi-Private 200.00	1/8/20			YES	S
Ownership		Λ		eurship County Court n, KY 42128	House	725 Har	var		ealth Systems
Medical Director: Administrator: Director of Nursing Asst Dir. Of Nursing	Dr. Dusty Dur Amy Neighbo Cassandra Br Sandy Stearn	rs own			Director: ons Coordir ervices Dire			Shelia McC Kandis Gal Kandis Gal	lagher

Monroe County: Signature HealthCA Rehab & Wellness C	<u>Center</u>		nty	monroe- Email: ad	http://ltcrevolucounty-rehab-vdmin.monroe@ 270)487-6135	vellness	-center	
P.O. Box 367 – 706 N Tompkinsville, KY 42		ι.		,	0)487-8604			
Tompkinsville, KT 42				1 ax. (27)	3)407-0004			
Total Number of Beds 104	7.	Type of License Family Care Personal Care Nursing Facility 0 0 104						Other 0
Certification of Nursing Facility Beds	Medic	aid Or	nly	Both N	Medicare & Medicaid Medica 104			dicare Only 0
	Skille	d Care	Room Ra	tes	Personal Care Room Rate			
Room	Private \$205.00	Semi-Private \$195.00		Rehab YES	Information Reported To be	F	Private N/A	Semi-Private N/A
Rates	Intermed	diate C	Care Room rates curre			A	Supplement	
	Private \$205.0			Private 5.00	As of 1/11/18		YE	S
Ownership	For-Profit Corporation Signature HealthCARE of the Bluegrass 12201 Bluegrass Pkwy., Louisville, KY 40299							
Medical Director: Administrator: Director of Nursing	Dr. Kimberly Rita Crabtree Kim Poynter			Admiss	Director: ions Coordinato Services Directo		Jamie Turn Ashley Cra Vickie Moo	btree-Hume

Simpson County: Franklin-Simpson N P.O. Box 367 – 414 F Franklin, KY 42134	lursing and Rel	<u>nab</u>	Email: æ Phone: (www.franklins { ^ Èa æãO √æ} \ 270)586-7141 0)586-6686				
	Type of License							
Total Number of Beds 98	Family Care	Persor	nal Care 0	Nursing Fa 98	cility	Alzheimer's	Other 0	
Certification of Nursing Facility Beds	Medicaio 0	Only	Both M	ledicare & Med 98	dicaid	Me	edicare Only 0	
	Skilled (Care Room R	Rates			Personal Care	Room Rates	
Room	Private \$238.00	Semi-Private \$223.00	Rehab YES	Information Reported To be	ı	Private N/A	Semi-Private N/A	
Rates	Intermedia	te Care Rooi	m rates	current	-	Accepts State	Supplement	
	Private \$238.00	Semi-P \$223		As of 01/09/20		N/	A	
Ownership	Private For-Profit Corporation Preferred Care Partners Management Group 5240 West Plano Parkway, Plano, TX 75093							
Medical Director: Administrator: Director of Nursing	Dr. Robert Wesl Amy Blair Amber Hicks	ey	Admiss	Director: ions Coordinato Services Directo		Jeff Sailing Angie Wol Jasmine B	f	

Simpson County: <u>Lewis Memorial Met</u> 2905 Bowling Green Franklin, KY 42134			Email: <u>le</u> Phone: (: www.lewisme ewismemorialh 270)586-3461 0)586-8915				
	Type of License							
Total Number of Beds 23	Family Care 0		nal Care 23	Nursing Fa	cility	Alzheimer's	Other 0	
Certification of Nursing Facility Beds	Medicaid 0	Both M	ledicare & Med	dicaid	Medicare Only 0			
	Skilled Ca	re Room R	Rates		Р	Personal Care Room Rates		
Room	Private N/A		ii-Private N/A	Information Reported To be	\$142	Private 25-\$1475 nonth	Semi-Private \$1375-\$1425 month	
Rates	Intermediate	Care Rooi	m rates			Accepts State Supplement		
	Private N/A		ii-Private N/A	As of 1/9/20		YE	S	
Ownership	Non-Profit Religious Lewis Memorial Inc. 2905 Bowling Green, Rd., Franklin, KY 42134							
Medical Director: Administrator: Director of Nursing	N/A Vicki Tyler Christy Higginboth	am	Admiss	Director: sions Coordinato Services Directo		Janie Rigsl N/A N/A	ру	

Warren County: Bowling Green Nurs 1561 Newton Ave. Bowling Green, KY 4.		Website: N/A Email: tracie.branham@pcitexas.net Phone: (270)842-1611 Fax: (270)842-3858					
Tatal	Type of License			I			
Total Number of Beds 66	Family Care 0	Persor	nal Care 0	Nursing Fa	cility	Alzheimer's	Other 0
Certification of Nursing Facility Beds	Medicaid (Only	Both M	ledicare & Med	licaid	М	edicare Only 0
	Skilled Ca	are Room Rates			F	Personal Care	Room Rates
Room	Private \$227.00		ni-Private 112.00	Information Reported To be	ı	Private N/A	Semi-Private N/A
Rates	Intermediate	Care Roo	m rates	current	/	Accepts State	Supplement
	Private \$227.00	00	ni-Private 112.00	As of 01/27/20		N	/A
Ownership	For-Profit Corporation Preferred Care, Inc. 5500 W. Plano Parkway, Suite 100, Plano, TX 75093						
Medical Director: Administrator: Director of Nursing Asst. Dir. Of Nursing	Dr. Joseph Allen Tracie Branham Sherri Ravuri Ronda Kell		Admiss	Director: ions Coordinato Services Director		Carmen C Kee Kee \ Tyler Mus	Villiams

Warren County Christian Health 1800 Westen Ave. Bowling Green, K	Center at Village	<u>Manor</u>	Website: www.liveatvillagemanor.com Email: contact@ccc1884.org Phone: (270)796-6643 Fax: (270)796-6733					
Bowning Groom, Te	Type of License		- (,				
Total Number of Beds 97	Family Care "Bridgepoin Personal C			Nursing Facility 39		Alzheimer's	ICF 2 - Yes	
Certification of Nursing Facility Beds	Medicai 0	d Only	Both	Both Medicare & Medicaid Med			edicare Only 14	
	Skilled C	are Room Rates	;		Р	Personal Care Room Rates		
Room Rates	Private \$302	Semi-Private \$271	Rehab YES	Information Reported To be current	-	Private s by need	Semi-Private N/A	
Nates	Intermediat	tes	As of	Α	Accepts State Supplement			
	Private N/A	Semi-Priva \$239	ate	01/21/20		NC)	
Ownership		Non-Profit Corporation Christian Care Communities, Inc. 12710 Townepark Way, Suite 1000, Louisville, KY 40243-1596						
Medical Director: Administrator: Director of Nursing	Dr. Anson Hsieh Chris Minnich Donna Howard			Director: ons Coordinator: ervices Director:		-Vacant- Sherria Ha Sherria Ha		

Warren County: Colonial Center 2365 Nashville Rd. Bowling Green, KY 4	2101	Website: www.genesishcc.com Email: jessica.lopez@genesishcc.com Phone: (270)842-1641 Fax: (270)782-9961								
	Type of License									
Total Number of Beds 48	Family Care		nal Care 0	Nursing Fa	cility	Alzheimer's 0	Other 0			
Certification of Nursing Facility Beds	Medicaid C	nly	Both M	ledicare & Med 48	dicare Only 0					
	Skilled Car	Skilled Care Room Rates Personal Care Room F								
Room	Private \$320.00	00	ni-Private 806.00	Information Reported To be	1	rivate V/A	Semi-Private N/A			
Rates	Intermediate	Care Roor	m rates	tes current		Accepts State Supplement				
	Private N/A		ni-Private N/A	As of 1/19/20		N/A	4			
Ownership		For-Profit Corporation Genesis Health Care 1369 Stewartstown Rd., Morgantown, WV 26508								
Medical Director: Administrator: Director of Nursing Asst. Dir. of Nursing	Dr. Ashley Bennett Jessica Lopez Ashley Pruitt -Vacant-		Admiss	Director: ions Coordinato Services Directo		Camalia De Alison Ray Alison Ray	-			

Warren County: Fern Terrace of Boy	Website: www.fernterrace.com/bg/bgindex.html wling Green, LLC Email: valarie@fernterrace.com								
1030 Shive Lane	<u>g 0.00., ==0</u>	Phone: (270)781-6784 Resident Phone: 270-842-9801							
Bowling Green, KY 4									
	Type of License								
Total Number of Beds 114	Family Care 0	nal Care 14	Nursing Facility 0		Alzheimer's	Other 0			
Certification of Nursing Facility Beds	Medicaid C	Both M	ledicare & Med	dicaid	Medicare Only				
	Skilled Ca	ates		Personal Care Room Rate		Room Rates			
Room	Private N/A		i-Private N/A	Information Reported To be	Private \$1,459/month		Semi-Private \$1,243 month		
Rates	Intermediate	Care Room	m rates	ites current		Accepts State Supplement			
	Private N/A		i-Private N/A	As of 1/23/20	YES				
Ownership	Private For-Profit Entrepreneurship Management: Jack Simpson Genesis Health Care 7 Woodford St., Owensboro, KY 42301								
Medical Director: Administrator: Asst. Administrator	N/A Valarie Carter Jodie Key		Admiss	Director: ions Coordinato Services Directo					

Warren County: Greenwood Nursing 5079 Scottsville Rd. Bowling Green, KY 4	Website: www.greenwoodnursing.com Email: grw71-admin@greenwoodnursing.com Phone: (270)782-1125 Fax: (270)782-6952								
	Type of License								
Total Number of Beds 128	Family Care	Person (~ 55 ~ al Care)	Nursing Facility 128		Alzheimer's	Other 0		
Certification of Nursing Facility Beds	Medicaio 0	l Only	Both Medi	icare & Medica	nid	Medicare Only 8			
	Skilled Care Room		ates	es		Personal Care Room Rates			
Room	Private \$451.00	Semi-Private \$345.00	Rehab YES	Information Reported To be		Private N/A	Semi-Private N/A		
Rates	Intermedia	te Care Roor	n rates			Accepts State Supplement			
	Private \$271.00	Semi-Pi \$234		As of 01/20/20		N/A			
Ownership	For-Profit Corporation Management: Principle LLC Thames Health Care Group, LLC P.O. Box 6159, 1435 Hwy. 258, Kinston, NC 28501								
Medical Director: Administrator: Director of Nursing	Dr. Joseph Aller Jonathan McGu Nicole Jessie	ire Ac	tivity Director Imissions Cor ocial Services	ordinator: M	olly Bra endi Wi ori Woo		ann Daugherty		

Warren County: The Haven At Massey Springs 2945 Smallhouse Road Bowling Green, KY 42104 Website: http://masseyspringsseniorliving.com/haven-memory-car Email: cgray@goodworksunlimited.com Phone: 270-904-1999 Fax: 1-866-818-1137											
Type of License											
Total Number of Beds 18	Family Car		sonal (Care	Nursing Facility 0			Alzheimer's		Other 0	
Certification of Nursing Facility Beds	Medica	aid Only 0	Both Medio Medio 0	caid			e Only		Private Pay 18		
Room Rates	Private N/A	Semi- Private N/A Reha Reha N/A		hab /A ates	Information Reported To be current As of		Personal Care Room Rates Private \$5,250 monthly Accepts State Supplement			ate nonthly	
	N/A		i-Privat N/A	e 	1/20/20				N//	Α	
Ownership	Ownership For-Profit Corporation										
Medical Director Executive Director Clinical Director	Leigh Mooney Amanda Sprii		Director: strative Ass	istant				n Clark Fhompson			

Warren County: Hopkins Center 460 S. College St. – P.O. Box 70 Woodburn, KY 42170 Website: www.genesishcc.com/HopkinsKY Email: loren.ward@genesishcc.com Phone: (270)529-2853 Fax: (270)529-9836									
	Type of License								
Total Number of Beds 50	Family Care Person		al Care 0	Nursing Facility 50		Alzheimer's		Other 0	
Certification of Nursing Facility Beds		aid Only 0	Both M	Medicare & Medicaid 50			Medicare Only 0		
	Skilled Care Room Rates				F	Personal Care Room Rates			
Room	Private \$283.00	Semi-Private \$269.00	Rehab YES	Information Reported To be	Private N/A)	Semi-Private N/A	
Rates	Intermed	diate Care Roor	n rates	current	Accepts State Supplement				
	Private Semi-Private			As of 01/10/20			N/A	A	
Ownership	For-Profit Corporation Genesis HealthCare 101 East St., Kennett Square, PA 19348								
Medical Director: Administrator: Director of Nursing	Dr. Michael C Loren Ward Marla Staples		Admiss	Admissions Coordinator: Eddie			na Baue die Wag die Wag	oner	

Warren County: Magnolia Village Care and Rehabilitation Center 1381 Campbell Lane Bowling Green, KY 42104 Website: www.genesishcc.com/MagnoliaVillage Email: jennifer.soldevilla@genesishcc.com Phone: (270)843-0587 Fax: (270)843-0874									
	Type of License								
Total Number of Beds 60	Family Care		nal Care 0	Care Nursing Facility		Alzheimer's 60	Other 0		
Certification of Nursing Facility Beds	Medicai 0	d Only	Both M	edicare & Med	dicaid	Medicare Only 30			
Room	Skilled	Care Room R	Rates		Р	Personal Care Room Rates			
	Private \$305.00	Semi-Private \$372.00	e Rehab YES	Information Reported To be	Private N/A		Semi-Private N/A		
Rates	Intermedia	ate Care Rooi	m rates	current	A	Accepts State Supplement			
	Private N/A	Semi-P N //		As of 01/07/20 N/A			4		
For-Profit Corporation Ownership Genesis HealthCare 101 East St., Kennett Square, PA 19348									
Medical Director: Administrator: Director of Nursing	Dr. John Gove Jennifer Solde Janet York		Admiss	Activity Director: Admissions Coordinator: Social Services Director: Liza Yabrougl Ryan Kingery Darla Waymo			gery		

Warren County: Signature Healthcan 550 High St. Bowling Green, KY 4		<u>en</u>					carellc.com	
	Type of License							
Total Number of Beds 176	Family Care 0	Pers	onal Care 0	Nursing Facility 148	Alzhe	Bridge" imer's 8	Other 0	
Certification of Nursing Facility Beds	Medicaid C	Medicaid Only Both I			aid	Medicare Only 30		
	Skilled (Care Room	Rates	Information Reported	Personal Care Room Rates			
Room Rates	Private		Semi-Private	To be current As of 2/23/18	Privat N/A		Semi-Private N/A	
	\$270/daily	,	\$240/daily		Accepts Sta		te Supplement	
	ψΣτοrdally	, i	φ 2- 10/daily	Rehab YES	N/A		I/A	
Ownership	For-Profit Corporation Signature HealthCARE 12201 Bluegrass Pkwy., Louisville, KY 40299							
Medical Director: Administrator: Director of Nursing	Dr. Nirav Sheth Fred Rowe Carrie Mallinson, F	RN		ector: & Marketing Cocices Director:	ordinator:	Larry M Tiffany Lindse	Hinton, CNA	

NOTES:

Proud Supporters of the Barren River Long-Term Care Ombudsman Program

Care is where the is.



201 Park Street, Bowling Green, KY 42101 (270) 781-5111 | www.gravesgilbert.com

If Join Us on Facebook www.facebook.com/gravesglibert



J.C. Kirby Son

FUNERAL CHAPELS AND CREMATORY

Memories ~ Family Needs ~ Dignified Services Considerations that our qualified, courteous staff seek to fulfill.



J.C. Kirby and Son Funeral Chapels and Crematory have been serving the folks of Bowling Green and Warren County for over 50 years.

With over 260 years of combined experience, we feel we are adapt to most any given problem, under any given circumstance.

Over the years the faces may have changed, but the end objective has always remained the same. That is to ensure the families we serve are satisfied, and are completely pleased with choices they have made.

Since the conception of J.C. Kirby and Son Funeral Chapels and Crematory, making the funeral meaningful, as well as possible to endure, has always been in the forefront. That, in part is why Mr. Kevin Kirby, owner and president of J.C. Kirby and Son Funeral Chapels and Crematory also established the Bowling Green Monument Company as well as Bowling Green Gardens Cemetery.



www.jckirbyandson.com

Lovers Lane Chapel 820 Lovers Lane Bowling Green, KY 42103 Broadway Chapel 832 Broadway Bowling Green, KY 42101

(270)843-3111 (270)842-1496 Fax E-mail: info@jckirbyandson.com